



Pevonia Specialized Categories & Recommendations



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For Use on
Pregnancy

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PEVONIA PRODUCTS & TREATMENTS USAGE DURING PREGNANCY

To take care of your client or guest's skin while pregnant, a professional therapist must follow certain guidelines to preserve the safety of the mother and baby. The use of certain products and treatments, which usually offer superb results, may not be recommended during pregnancy. So, proceeding with caution and asking for doctor's advice as needed is fundamental. The following document lists Pevonia products and treatments that are safe, and also those not recommended.

PLEASE, BEFORE USING ANY PRODUCTS OR PERFORMING TREATMENTS, ALWAYS CONSIDER POSSIBLE GENERAL CONTRAINDICATIONS, ALLERGIES, ETC.

SUITABLE RETAIL & PROFESSIONAL FACE & BODY PRODUCTS

PEVONIA® PRODUCT	SUITABLE PRODUCTS	PRODUCTS TO AVOID	NOTES/PRECAUTIONS
Dry Line	Most	De-Stress Escape Aromatic Oil	-
Sensitive Line	All	None-Specific	-
Combination Line	Most	Phyto-Gel Cleanser	Phyto-Gel Cleanser contains Rosemary extract
Eye Line	All	None-Specific	-
Radiance Line	All	None	Avoid only if scents cause discomfort
ProCorrective® Clear-Control Line	None	All	-
Special Line	Most See note on Gentle Exfoliating Cleanser* See note on Hyaluronic Acid HydraMist™***	- Enzymo-Sphérides Peeling Cream; - Resurfacing Glycocides® Cream	*You may use this exfoliant VERY gently once a week, or once every 2 weeks. Reduce frequency if skin is sensitized. **Avoid only if scent causes discomfort
Rosacea - RS2 Line	All* (see notes column)	None	*Only use if extreme redness is persistent. Due to rose aroma, it is recommended for some guests to try samples first.
Myoxy-Caviar® Line	All retail, except Timeless Repair Cream	Timeless Repair Cream	-
Stem Cells Phyto-Elite™ Line	None	All	-
Micro-Retinol® Line	None	All	-
lumafirm® Line	Most, after first trimester* (See notes column)	-	*You may use lumafirm® Body Moisturizer <u>after the first trimester</u> if the skin is not sensitive. Also, after giving birth.
Power Repair® Line	All	-	-
SpaTeen® Blemished Skin Line	None	All	-
Sun Line	All* (see notes column)	-	*It is best to avoid sun during the first trimester *Use products sparingly *You may use After Sun Soothing Gel as a tired leg gel
Spa Body Line	None	All	-
Foot Line	None	Multi-Active Foot Cream	-
Nymphaea Body Line	- Dry Oil Body Moisturizer* - Preserve Body Moisturizer - Anti-Stress Bath & Shower Gel - Micro-Emulsified Massage Oil Anti-Stress - Collagen Hand Cream	- Crepe-Mo-More Body Cream - Tension Relief Gel - Marine Magnesium - Silky Skin Body Scrub*	*You may use Dry Oil Body Moisturizer or Micro Emulsion Massage Cream for stretch marks prevention throughout pregnancy, including first trimester. *Silky Skin Body Scrub contains Rosemary extract
BodyRenew® Bathing Pleasures	Jasmine & Lavender Collection	-	-
Hair Energize Extra-Strength Hair Care Line	All*	Hair Energize Extra-Strength Overnight Serum (Relative contraindication; in any case it can be used after delivery)	*The Hair Energize collection contains Rosemary extract. As a precaution, especially if the Serum is used in large quantities, it might be better to use after delivery.
Chocolate Indulgence Line	All except the Body Mask Treatment	Chocolate Indulgence Mask Face & Body	-
Backbar Must-Haves	- CleanRefresh™ Foaming Oil Cleanser - Facial Cleanser and Facial Lotion - Eye Make-Up Remover - Anti-Stress Eye Lotion - Micro-Emulsion Massage Cream - Soothing Gel Mask - Neutralizing Gel	- Phyto-Gel Cleanser - Enzymes Powder Mask - Enzymo-Sphérides® Peeling Cream - Lacto-Flora Peel - Foam-A-Zym™ Peel with Hyalosphere® and Retinol	Although the exposure time on the skin of products to avoid is short, it is preferable to avoid them as it is hard to predict how the skin may react in terms of sensitivity. If you must use them, use absolute professional care and judgement



SUITABLE PROFESSIONAL FACE & BODY TREATMENTS

Some treatments can still be applied during pregnancy; they may just need to be adjusted. For example, the steaming step duration of a facial may need to be shortened, positioning the steamer further away, avoiding enzymes, etc. **DO NOT USE ANY ELECTRICAL CURRENTS ON PREGNANT GUESTS AND PREFERABLY AVOID THE USE OF ANY OF THE AROMATHERAPY OILS ON FACE OR BODY. USE NEUTRAL MASSAGE OIL. AVOID DEEP KNEADING MASSAGE MOVEMENTS AND PERFORM GENTLER AND SOOTHING STROKES. AVOID LONG SESSIONS AND UNWANTED IRRITATION.** Consider positioning the guest comfortably (support their lower back), the possibility of claustrophobia, and avoid strong scents.

During facials, instead of enzymes for exfoliation, you may use the Gentle Exfoliating Cleanser as a replacement.

USE/DO EVERYTHING WITH EXTRA CAUTION FOR ADDED SAFETY AND THE GUEST'S PEACE OF MIND.

SUITABLE PROFESSIONAL FACIAL TREATMENTS

PEVONIA® TREATMENTS	SPECIAL NOTES OR PRECAUTIONS: AVOID ENZYMES, AS APPLICABLE!
Mini-Facial	-
Essential Deep Cleansing	*Extract gently. Use Gentle Exfoliating Cleanser instead of enzymes
Plantomer® Mask Treatment	Soothes, moisturizes, and controls breakouts
Elasto-Firm Mask Treatment	Promotes strengthening of skin's elastin
Oxy-Vital Mask Treatment	Calming, anti-erythema and moisturizing
Soothing Gel Mask	Calming, anti-erythema and moisturizing
Radiance Masks	All Radiance Masks are fine (Ageless Skin Collagen, Green Apple, Charcoal)
Luminous Ampoule Treatments	You may perform the following treatments: Intensifier Elastin & Sorghum Ampoule, Intensifier Collagen & Myoxy-Caviar® Ampoule, the Soothing Propolis Ampoule, the Soothing Formula Ampoule, and the Vitaminic Concentrate Ampoule. Do not perform with ionization, use only manual application. -Avoid the Vitamin "C" With Oxyzomes Ampoule if skin is hypersensitive.
Smoothing Eye Trtmt. w/Collagen	-
Ginkgo De-Stress Eye Treatment	-
Neck & Chest Treatment	-
Hydra-Cloud™ Mask Treatment	Use Gentle Exfoliating Cleanser instead of enzymes
Hyaluronic Acid Hydra-Serum	-
Collagen Infusion Treatment	Use Gentle Exfoliating Cleanser by itself (do not use Enzofolate enzymes mix); skip both Phyto-Gel Cleanser and De-Stress Escape Aromatic Oil (do not add/mix to charcoal mask)
Chocolate Indulgence Face Mask Treatment	Perform Foaming Salt Scrub, gently

Please, note that specific professional facial treatments to avoid are those high-performance treatments using a hardlift off mask, any galvanic, high frequency, or electric current method treatments; treatments with strong or stimulating ingredients, exfoliating enzymes, and all acid peels.

CAUTION: The following professional products contain Rosemary extract, so please AVOID: *Phyto-Gel Cleanser*.

SUITABLE PROFESSIONAL BODY TREATMENTS

PEVONIA® TREATMENTS	SPECIAL NOTES OR PRECAUTIONS
Full Body Polish Treatment	OMIT the use of the Tension Relief Gel
Express Relief Lily Wrap Treatment	You may apply it to soothe sunburned or sensitive skin and promote moisturization and repair. DO NOT WRAP ABDOMEN and only cover other target areas with loose sheet.
Lumafirm® Firm & Glow Body Treatment	May be performed on targeted areas of concern to add glow, or for overall body moisturizing. DO NOT WRAP ABDOMEN and only cover other target areas with loose sheet
Any Hand Treatment	OMIT the use of the Tension Relief Gel and Phyto-Gel, if applicable
Chocolate Indulgence Body Mask Treatment	You may perform the scrub and the massage gently. DO NOT WRAP ABDOMEN and only cover other target areas with loose sheet
Body Massage	Only perform if certified/specialized in Pregnancy Massage. You may safely use Spalassium Clarity Oil.

Please avoid Full Body Tropical Saltmousse Exfoliations (yet they can be used on hands and feet) and Body Wraps not mentioned above, including the No-Rinse wraps. Also, avoid massaging with Marine Magnesium. DO NOT use external sources of heat, like heat blankets.

CAUTION: The following professional products contain Rosemary extract, so please AVOID: *Vitality Spalassium Massage Oil, Silky Skin Body Scrub, Tension Relief Gel*.

POST-PARTUM (AFTER DELIVERY) RECOMMENDATIONS

For cracked or sore nipples during nursing	At nighttime, apply the Soothing Propolis Concentrate or RS2 Concentrate, then follow with cooled Soothing Sensitive Skin Cream or After-Sun Soothing Gel. Also, the Micro-Emulsion Massage Cream is an alternative. <i>Note: the nipples must be thoroughly cleansed before nursing.</i>
After nursing	Resume/begin skin care according to skin type or concern.
For babies 1+ years old	The Pevonia Sensitive Skin Line may be used on their delicate skin, as is or diluted with cool pure water. Also, you may use Phyto-Aromatic Mist, After-Sun Soothing Gel, and Hydrating Sunscreen SPF 40.
10-16 years old	They can use the Essential lines, SpaTeen® Line, and ProCorrective® Clear-Control Acne line (after 12 yo.) as applicable. For Facials, Gentle Exfoliating Cleanser and Enzyme products when used gently and sparingly.
16-20 years old	They can use almost everything. (Exceptions apply; like with the age correcting/mature lines and certain body wraps).

NOTE: THE LISTINGS ON THIS ENTIRE DOCUMENT ARE SUBJECT TO CHANGE ACCORDING TO PRODUCT UPDATES AND REFORMULATIONS. DO CONTACT US IN CASE OF ANY QUESTIONS OR DOUBTS.



PEVONIA PRODUCTS & TREATMENTS

SAFE AND SUITABLE FOR CANCER/ONCOLOGY PATIENTS

-GENERAL RECOMMENDATION GUIDELINES-

*Likely Suitable **During** Cancer Treatments:* (Physician recommendation/clearance always prevails)

Face – Retail

- After-Sun Soothing Gel
- Evolutive Eye Cream
- Eye Make-Up Remover
- EyeRenew™ Conceal & De-Age
- Hyaluronic Acid HydraMist™
- Hyaluronic Acid Hydra-Serum
- Phyto-Aromatic Mist
- Rapid Restore Lip Balm
- RS2 Rosacea Line
- Sensitive Skin Line (*Do not use Soothing Propolis Concentrate during/after Breast Cancer Treatments**)
- Scalp: Hair Energize Extra-Strength Shampoo and Hair Energize Extra-Strength Conditioner
- Chocolate Indulgence Moisturizer Face & Body

Face – Professional

- Eye Make-Up Remover and Anti-Stress Eye Lotion
- Eye Mask
- Facial Cleanser and Facial Toner
- Hyaluronic Acid HydraMist™
- Hyaluronic Acid Hydra-Serum
- Oxy-Vital Mask
- Phyto-Aromatic Mist
- Propolis Ampoule (*Note: Do not use during/after Breast Cancer Treatments**)
- Reactive Skin Care Cream
- RS2 Ampoule
- RS2 Skin Care Cream
- Soothing Gel Mask
- Soothing Sensitive Skin Cream
- Chocolate Indulgence Moisturizer Face & Body

Body – Retail

- Dry Oil Body Moisturizer (*Note: Do not use during/after Breast Cancer Treatments**)
- BodyRenew® Jasmine & Lavender Body Moisturizer for skin, hands, feet, and nail cuticles (*Note: Do not use during/after Breast Cancer Treatments**)
- Collagen Hand Cream
- Preserve Body Moisturizer
- Products that can be used on face and body: After-Sun Soothing Gel and Phyto-Aromatic Mist
- Chocolate Indulgence Moisturizer Face & Body

Body – Professional

- Dry Oil Body Moisturizer (*Note: Do not use during/after Breast Cancer Treatments**)
- BodyRenew® Jasmine & Lavender Body Moisturizer for skin, hands, feet, and nail cuticles (*Note: Do not use during/after Breast Cancer Treatments**)
- Preserve Body Moisturizer
- Products that can be used on face and body: Phyto-Aromatic Mist
- Water Lily Body Wrap
- Chocolate Indulgence Moisturizer Face & Body

***PLEASE REFER TO IMPORTANT NOTES ON NEXT PAGE**



Likely Suitable **After** Cancer Treatments: (Only if/when Physician has given clearance)

Face (Retail & Professional)

- Any Pevonia products and treatments approved for use *during* cancer therapies
- Corresponding retail products for the suitable treatments
- Elasto-Firm™ Mask Treatment
- Hydra-Cloud™ Mask Treatment
- Luminous "C" & "Sea" Mask Treatment (*Note: Do not use if skin is hypersensitive*)
- Luminous Ampoules Treatments
- Myoxy-Caviar® Mask Treatment (*Note: Avoid Timeless Repair Cream/Moisturizer due to its Retinol content unless Physician approved*)
- Pevonia Eye Treatments
- YouthRenew™ Tinted Cream and/or Hydrating Sunscreen SPF 40 (*Note: Use once patient has concluded all Cancer Treatments. Avoid during radiation therapy*)
- Scalp: Hair Energize Extra-Strength Shampoo, Hair Energize Extra-Strength Conditioner, Hair Energize Extra-Strength Overnight Serum
- Chocolate Indulgence Line (*Do not use Foaming Salt Scrub until skin is no longer fragile, thin, or delicate from cancer treatments, as applicable, or use very lightly*)

Body (Retail & Professional)

(Ask for Physician clearance to perform specific body wraps)

- Any Pevonia products and treatments approved for use during cancer therapies
- Body Massage with Clarity or Serenity Spalassium Massage Oil (*Note: Do not use Serenity Massage Oil on breast area**)
- Corresponding retail products for suitable treatments
- Collagen Hand Cream
- Crepe-No-More De-aging No Rinse Body Wrap
- Lumafirm® Firm & Glow Body Treatment
- Targeted Massage with Marine Magnesium
- Tropicale Body Wraps (*Note: Avoid Tropicale Body Balm in case of Skin Cancer and due to its retinol content*)
- Very gentle dry body brushing, or light body scrubbing
- Chocolate Indulgence Line (*Do not use Foaming Salt Scrub until skin is no longer fragile, thin, or delicate from cancer treatments, as applicable, or use very lightly. Only use Chocolate Massage Oil if massage is then permitted*)

IMPORTANT NOTES:

- The recommendations on this document may not apply to all cancer patients and may require customization.
- Physician's orders or medical advice will always prevail over any of these recommendations.
- Unless specifically approved by the attending Physician, avoid acids, retinol, enzymes, strong exfoliation, electrical devices, heat, excessive skin compression, essential oils, circulation stimulating ingredients, and massages of any kind.
- As a general rule, face and body massages with Pevonia products are not recommended during cancer therapies.
- For products containing ingredients that could possibly exhibit phyto-estrogen activity, do avoid during breast cancer therapies.
- Do consider other contraindications as well, such as possible allergies or past product use or treatment reactions.
- If you have any questions about these listings, please contact us.



PEVONIA PRODUCTS SUITABLE FOR VEGANS

Retail - Face

- Aqua-Gel Foaming Cleanser
- Balancing Combination Skin Cream
- 'C' Complexe with Oxyzomes
- Chocolate Indulgence Foaming Salt Scrub Face & Body
- CleanRefresh™ Foaming Oil Cleanser
- De-Stress Escape Aromatic Oil
- Easy Glide Shaving Emulsion
- Enzymo-Sphérides® Peeling Cream
- Eye Make-Up Remover
- Gentle Exfoliating Cleanser
- Hyaluronic Acid HydraMist™
- Hydrating Sunscreen SPF 40 Broad Spectrum UVA/UVB w/ Blue Light Shield
- Lumafirm® Repair Cream
- Micro-Retinol® Essential Foaming Cleanser
- Micro-Retinol® Essential Toner
- Phyto-Aromatic Mist
- Phyto-Gel Cleanser
- ProCorrective® Clear-Control Exfoliator
- ProCorrective® Clear-Control Mask
- ProCorrective® Clear-Control Moisturizer
- Radiance Bright Skin Green Apple Mask
- Radiance Pure Skin Charcoal Mask
- Vitaminic Concentrate
- Resurfacing Glycocides® Cream
- RS2 Care Cream
- RS2 Concentrate
- RS2 Gentle Cleanser
- RS2 Gentle Lotion
- Sensitive Skin Cleanser
- Sensitive Skin Lotion
- Soothing After Shaving Balm
- Stem Cells Phyto-Elite® Multi-Active Foaming Cleanser

Retail - Body

- After Sun Soothing Gel
- Anti-Stress Bath & Shower Gel
- BodyRenew® Jasmine & Lavender Bath Salts
- BodyRenew® Jasmine & Lavender Body Moisturizer
- BodyRenew® Jasmine & Lavender Bubble Bath
- Chocolate Indulgence Foaming Salt Scrub Face & Body
- De-Aging Saltmousse – Papaya-Pineapple
- Dry Oil Body Moisturizer
- Hydrating Sunscreen SPF 40 Broad Spectrum UVA/UVB w/ Blue Light Shield
- Lumafirm® Body Moisturizer
- Marine Magnesium
- Micro-Emulsified Massage Oil "Anti-Stress"
- Multi-Active Foot Cream
- Multi-Active Hand Cream
- Preserve Body Moisturizer
- Silky Skin Body Scrub
- Tension Relief Gel

Professional - Face

- Anti-Free Radicals Mask Treatment
- Anti-Stress Eye Lotion
- Aromatherapy Face Oil - Dry, Devitalized Skin
- Aromatherapy Face Oil - Sensitive Skin
- Balancing Combination Skin Cream
- Chocolate Indulgence Foaming Salt Scrub Face & Body
- CleanRefresh™ Foaming Oil Cleanser
- De-Stress Escape Aromatic Oil
- Enzymes Powder Mask
- Enzymo-Sphérides® Peeling Cream
- Escutox® Freeze-Dried Anti-Wrinkle Treatment
- Eye Make-up Remover
- Facial Cleanser



Professional – Face, Cont'd

- Facial Lotion
- Foam-A-Zym™ Peel with Hyalusphere® and Retinol
- Gentle Exfoliating Cleanser
- Hyaluronic Acid HydraMist™
- Hydra-Cloud™ Mask (Powder Only)
- Lightening Mask
- Lumafirm® Lift & Glow Facial Treatment (new w/Escutox®)
- Lumafirm® Repair Cream
- Lumafirm® Repair Mask
- Luminous "C" & "Sea" Mask Treatment
- Micro-Emulsion Massage Cream
- Micro-Retinol® Essential Serum (Component of the Micro-Retinol Essential Peel Treatment)
- Micro-Retinol® Essential Treatment Mask (Component of the Micro-Retinol Essential Peel Treatment)
- Neutralizing Gel
- Phyto-Aromatic Mist
- Phyto-Gel Cleanser
- ProCorrective® Clear-Control Exfoliator
- ProCorrective® Clear-Control Mask
- ProCorrective® Clear-Control Moisturizer
- Radiance Bright Skin Green Apple Mask
- Radiance Pure Skin Charcoal Mask
- Reactive Skin Care Cream
- Rejuvenating Dry Skin Mask
- Vitaminic Concentrate
- RS2 Care Cream
- RS2 Mask Treatment
- Soothing Formula
- Soothing Gel Mask
- Soothing Sensitive Skin Mask
- SpaTeen® Papaya HydraSoothe Mask
- SpaTeen® Strawberry HydraBoost Mask
- Stem Cells Phyto-Elite® Intensive Mask
- Vitamin "C" with Oxyzomes Ampoule

Professional - Body

- BodyRenew® Jasmine & Lavender Bath Salts
- BodyRenew® Jasmine & Lavender Body Moisturizer
- Cellulite Activating Gel
- Chocolate Indulgence Foaming Salt Scrub Face & Body
- Chocolate Indulgence Massage Oil Face & Body
- De-Aging Saltmousse – Mango-Passion Fruit
- De-Aging Saltmousse – Papaya-Pineapple
- Desert Heat – Self Heating Body Wrap
- Dry Oil Body Moisturizer
- Green Coffee Concentrate
- Light Feet Treatment Mask
- Lumafirm® Body Moisturizer
- Marine Magnesium
- Micro-Emulsified Massage Oil "Anti-Stress"
- Micronized Algae Powder (Body Wrap)
- Multi-Active Foot Cream
- Preserve Body Moisturizer
- Silky Skin Body Scrub
- Spalasium Massage Oil - Clarity
- Spalasium Massage Oil - Recovery
- Spalasium Massage Oil - Serenity
- Spalasium Massage Oil - Vitality
- Stem Cell Phyto-Elite® Intensive Body Cellulite Massage Oil
- Stem Cell Phyto-Elite® Intensive Body Contouring Wrap
- Stem Cell Phyto-Elite® Intensive Body Serum
- Stem Cells Phyto-Elite® Intensive Sea Scrub - Green Apple
- Tension Relief Gel
- Water Lily After Sun Soothing Wrap

Reference: <http://www.peta.org/living/other/animalingredients-list>



LIST OF GENERAL CAUTIONS AND CONTRAINDICATIONS FOR PEVONIA FACE & BODY TREATMENTS

Please note, this document contains a non-comprehensive list of the most common cautions and contraindications for some Pevonia treatments. Please, always proceed with caution and professional judgement. Pevonia International, LLC. is not responsible for negligence and/or misuse of its products and treatments, and derived consequences. In case of doubt, please consult with a medical professional.

General Considerations: (list may not be fully inclusive)

- Known allergies/ingredients allergies
- Hypersensitive and possibly reactive skin
- Most medical contraindications, including mental impairment, as prohibited by the Physician
- General illness, infections, colds, fevers, etc.
- Chronic body aches and pains, if prohibited by a physician
- Sunburn, except when recommended for its improvement
- Dermatitis and Eczema
- Neurodermatitis
- Neuralgia
- Rashes
- Shingles and herpes/post-herpetic lesions
- Lupus and other autoimmune disorders
- Bleeding and coagulation disorders
- Metabolic and Endocrine disorders, if medically contraindicated
- Delayed healing disorders, like Diabetes
- Acute skin disorders; bacterial, viral, parasitic, and fungal infections; and visible, painful swelling
- Known or unknown open lesions; suspicious lesions, nodules and growths, oozing wounds
- Post-surgical, except when allowed or cleared by a treating Physician
- Specific G6PD Enzyme Deficiency Disorder (see Pevonia Products and Treatments to avoid for G6PD deficiency)
- Cancer & Cancer Treatments (see Pevonia Products and Treatments Suitable for Cancer Patients)
- Heart Problems
- Thyroid problems
- Trouble breathing
- Claustrophobia
- Inability to lie down and remain in that position; orthopedic/musculoskeletal problems
- Inability to tolerate temperature changes
- Pregnancy (see Pevonia Products and Treatments Suitable During Pregnancy)
- High or Low Blood Pressure (without medical control or if prohibited by the physician)
- Personal reasons (I.E. Vegans - see Pevonia Products and Treatments Suitable for Vegans)





MARINE MAGNESIUM Specific Contraindications:

Magnesium is a very safe and necessary mineral for many biological body functions and cellular processes. However, there are a few possible instances where it is highly recommended to avoid or consult with a doctor before using Magnesium products for:

- Excess of Magnesium in the body
- Use of certain antibiotics
- Some specific bleeding disorders
- Individuals taking muscle relaxants
- Individuals taking diuretics
- Advanced kidney, and heart disease
- Thyroid problems
- Sensitive Skin
- Seafood and iodine allergies
- Open/unknown/oozing lesions
- Cancer/oncology patients
- Pregnancy

Products that may contain IODINE/SEAWEED: (ALSO REFER TO PRODUCTS WITH FISH COMPONENTS)

For guests who are allergic to seafood, seaweed, and iodine certain product/treatment exclusions should be considered. Pevonia's manufacturing processes purify and eliminate allergenic components that could cause a reaction. However, certain products/treatments may actually contain iodine as an intended component for general skin benefits, or iodine in trace amounts could be present as part of the formulation. Below is a list of products to avoid or consider, as a precautionary measure.

PROFESSIONAL:

- BodyRenew® Bath Salts (sea salt infused with Atoligomer may contain trace amounts of iodine)
- Chocolate Indulgence Foaming Salt Scrub Face & Body (may contain traces of iodine in sea salt)
- Foot Bath Softening Sea Salts (may contain traces of iodine in sea salt)
- Hyaluronic Acid Hydra-Serum Ampoule (may contain trace amounts of iodine in sea salt)
- Hydra-Cloud™ Mask Treatment (mask powder contains sea salt, possibly with traces of iodine)
- Luminous 'C' & 'Sea' Mask Treatment (the mask powder contains algae)
- Marine Magnesium (may contain trace amounts of iodine in the seawater base)
- Micronized Algae Powder (contains two types of seaweed; large amount of iodine)
- Plantomer Mask Treatment (mask powder contains algae)
- RS2 Mask Treatment (algae in the mask powder [Step 2])
- Stem Cells Phyto-Elite® Intensive Body Sea Scrub -Green Apple (sea salt infused with Atoligomer may contain trace amounts of iodine)
- Tropicale De-Aging Saltmousse – Mango-Passion Fruit (may contain traces of iodine in sea salt)
- Tropicale De-Aging Saltmousse – Papaya-Pineapple (may contain traces of iodine in sea salt)

RETAIL:

- BodyRenew® Bath Salts (sea salt infused with Atoligomer may contain traces of iodine)
- BodyRenew® Bubble Bath (may contain traces of iodine in sea salt)
- Chocolate Indulgence Foaming Salt Scrub Face & Body (may contain traces of iodine in sea salt)
- Hyaluronic Acid Hydra-Serum (may contain traces of iodine in sea salt)
- Marine Magnesium (may contain traces of iodine in the seawater)
- Tropicale De-Aging Saltmousse – Papaya-Pineapple (may contain traces of iodine in sea salt)

Note: *Aside from the listed products, all seaweed derivatives like algin, alginates, saccharides, freeze-drieds, amino acids, encapsulations, etc., made from seaweed are devoid of iodine, and as such are of no concern.*



Products that may contain FISH COMPONENTS OR DERIVATIVES (Collagen, Elastin, Caviar, Keratin)

Important to consider in case of cross-reactions in guests with possible seafood and iodine allergies, and for vegan patrons.

RETAIL:

- "C" Evolutive Eye Gel
- Age-Defying Marine Collagen Cream
- Chocolate Indulgence Moisturizer Face & Body
- Collagen Boost Eye Contour
- Collagen Boost Face Balm
- Collagen Hand Cream
- Crepe-No-More Body Cream
- De-Aging Body Balm Papaya-Pineapple
- Evolutive Eye Cream
- EyeRenew® Conceal & De-Age Treatment
- Firming Marine Elastin Cream
- Hair Energize Extra-Strength Conditioner
- Hair Energize Extra-Strength Overnight Serum
- Hair Energize Extra-Strength Shampoo
- Hyaluronic Acid Hydra-Serum
- Intensifier Collagen & Myoxy-Caviar®
- Intensifier Elastin & Sorghum
- Lumafirm® Eye Contour Lift & Glow
- Micro-Retinol® Collagen & Retinol Lip Repair
- Micro-Retinol® Essential Moisturizer
- Power Repair® Eye Contour
- Power Repair® Hyaluronic Acid Hydra-Serum
- Power Repair® Hydrating Cleanser
- Power Repair® Hydrating Lotion
- Radiance Ageless Skin Collagen Mask
- Rapid Restore Lip Balm (subderivative)
- Rapid Restore Neck & Chest Serum and Cream
- Rejuvenating Dry Skin Cream
- Stem Cells Phyto-Elite® Intensive Cream
- Stem Cells Phyto-Elite® Intensive Serum
- Timeless Balm Cleanser
- Timeless Eye Contour
- Timeless Repair Cream
- Timeless Repair Lotion
- Timeless Repair Serum
- YouthRenew™ Tinted Cream

PROFESSIONAL:

- "C" Evolutive Eye Gel
- Age Defying Marine Collagen Cream
- Cactus & Agave No-Rinse Body Wrap
- Chocolate Indulgence Mask Face & Body
- Chocolate Indulgence Moisturizer Face & Body
- Collagen Polypeptides with Myoxy-Caviar® Ampoules
- Crepe-No-More No-Rinse Body Wrap
- De-Stress Eye Treatment – Eye Puffiness
- De-Stress Eye Treatment – Eye Wrinkles
- Elastin Polypeptides with Sorghum Ampoules
- Elasto-Firm® Mask Treatment
- Evolutive Eye Cream
- Hyaluronic Acid Hydra-Serum
- Lumafirm® Body Treatment – Body Elixir
- Lumafirm® Body Treatment – Body Wrap
- Lumafirm® Eye Contour Lift & Glow
- Micro-Retinol® Collagen & Retinol Lip Repair (Pro)
- Micro-Retinol® Essential Moisturizer
- Myoxy-Caviar® Mask (Cream Mask)
- Myoxy-Caviar® Mask Treatment (Ampoule and Mask steps)
- Oxy-Vital Mask Treatment
- Power Repair® Hyaluronic Acid Hydra-Serum (Non-injectable Syringe)
- Power Repair® Hydra-Cloud™ Mask Treatment
- Power Repair® Hydrating Cleanser
- Power Repair® Hydrating Toner
- Radiance Ageless Skin Collagen Mask
- Rapid Restore Neck & Chest Cream
- Rapid Restore Neck & Chest Serum
- Rejuvenating Dry Skin Cream
- SkinFit Mask Treatment
- Stem Cells Phyto-Elite® Freeze-Dried Treatment
- Stem Cells Phyto-Elite® Intensive Cream
- Timeless Balm Cleanser
- Timeless Repair Cream
- Timeless Repair Lotion
- Tropicale De-Aging Body Balm Mango- Passion Fruit
- Tropicale De-Aging Body Balm Papaya- Pineapple
- Tropicale Mango-Passion Fruit Yogurt Body Wrap
- Tropicale Papaya-Pineapple Crème Fraiche Body Wrap



Products that may contain DAIRY or milk derivatives

**Only for those truly allergic to dairy derivatives who may have had reactions to topical dairy-based ingredients application in the past. Being derived from milk does not necessarily mean the person will have a reaction to the product, such as the case of Pevonia products containing lactic acid, like the YouthRenew® Hydra-Glow Peel, Lacto-Flora Peel, and ProCorrective® Clear-Control Blemish Treatment. To this date, there have been no cases of informed reactions, therefore neither these nor other Pevonia® products containing lactic acid will be listed.*

PROFESSIONAL:

- Tropicale Mango-Passion Fruit Yogurt Body Wrap
- Tropicale Papaya-Pineapple Crème Fraîche Body Wrap

Products that may contain PAPAYA AND/OR PINEAPPLE fruit extracts and derivatives

PROFESSIONAL:

- BodyRenew® Pineapple & Coconut Body Moisturizer, and Salts (Discontinued)
- De-Aging Body Balm Papaya-Pineapple
- De-Aging Saltmousse Papaya-Pineapple
- Enzymes Powder Mask
- Enzymo-Sphérides® Peeling Cream
- Foam-A-Zym™ Peel with Hyalusphere® and Retinol
- Papaya-Pineapple Crème Fraîche Body Wrap
- SpaTeen® Papaya HydraSoothe Mask

RETAIL:

- BodyRenew® Pineapple & Coconut entire collection
- De-Aging Body Balm Papaya-Pineapple
- De-Aging Saltmousse Papaya-Pineapple
- Enzymo-Sphérides® Peeling Cream

Products that may contain SOY extracts and derivatives (Soy lecithin is not a concern)

PROFESSIONAL:

- Chocolate Indulgence Massage Oil Face & Body
- Lumafirm® Body Elixir
- Lumafirm® Body Moisturizer – Firm & Glow
- Lumafirm® Repair Cream – Lift & Glow
- Lumafirm® Repair Mask – Lift & Glow
- Stem Cells Phyto-Elite® Intensive Body Contouring Wrap
- Stem Cells Phyto-Elite® Intensive Body Corrector
- Stem Cells Phyto-Elite® Intensive Body Serum

RETAIL:

- Lumafirm® Body Moisturizer – Firm & Glow
- Lumafirm® Repair Cream – Lift & Glow
- SpaTeen® Blemished Skin Moisturizer
- Stem Cells Phyto-Elite® Intensive Body Corrector
- YouthRenew™ Tinted Cream



Products that may contain specific NUT derivatives: *Note: Horse Chestnut and Coconut extracts are not derived from nuts, so guests with allergies to nuts need not be concerned with these two specific ingredients. However, always check for cross-reactions.*

➤ **JUGLANS REGIA (WALNUT) SHELL POWDER**

RETAIL ONLY:

- SpaTeen® Blemished Skin Cleanser

➤ **MACADAMIA TERNIFOLIA NUT OIL**

RETAIL AND PROFESSIONAL:

- Dry Oil Body Moisturizer

➤ **NIACIN AND NIACINAMIDE (Subderivative - Pevonia sources it from nuts)**

PROFESSIONAL ONLY:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Cellulite Activating Gel • Chocolate Indulgence Mask Face & Body • Chocolate Indulgence Moisturizer Face & Body • ProCorrective® Clear-Control Exfoliator | <ul style="list-style-type: none"> • ProCorrective® Clear-Control Mask • Tropicale Mango-Passion Fruit Yogurt Body Wrap • Tropicale Papaya-Pineapple Crème Fraîche Body Wrap |
|--|---|

NIACIN...RETAIL ONLY:

- | | |
|---|---|
| <ul style="list-style-type: none"> • Chocolate Indulgence Moisturizer Face & Body • ProCorrective® Clear-Control Blemish Treatment • ProCorrective® Clear-Control Exfoliator | <ul style="list-style-type: none"> • ProCorrective® Clear-Control Mask • ProCorrective® Clear-Control Moisturizer • Timeless Eye Contour |
|---|---|

NIACIN...RETAIL AND PROFESSIONAL:

- | | |
|--|--|
| <ul style="list-style-type: none"> • Chocolate Indulgence Mask Face & Body • Chocolate Indulgence Moisturizer Face & Body • ProCorrective® Clear-Control Line | <ul style="list-style-type: none"> • Tropicale De-Aging Body Balm - Mango- Passion Fruit • Tropicale De-Aging Body Balm - Papaya-Pineapple |
|--|--|

Products that may contain COCONUT derivatives

- BodyRenew® Pineapple & Coconut Bubble Bath (retail) (Discontinued)
- BodyRenew® Pineapple & Coconut Bath Salts (retail and professional) (Discontinued)
- BodyRenew® Pineapple & Coconut Body Moisturizer (retail and professional) (Discontinued)
- Many Pevonia® products contain subderivatives of Coconut in the form of surfactants, stabilizers, etc. Such is the case of CleanRefresh™ Foaming Oil Cleanser (retail and professional), Eye Make-Up Remover (retail and professional), Phyto-Gel Cleanser (retail and professional), etc., to name a few. These subderivatives are highly purified and not a source of concern.

Products that may contain OAT derivatives (Highly purified and unlikely to cause reactions)

- Chocolate Indulgence Foaming Salt Scrub Face & Body (retail and professional)
- Chocolate Indulgence Moisturizer Face & Body (retail and professional)
- Collagen Hand Cream
- Enzymes Powder Mask
- Foam-A-Zym™ Peel with Hyalusphere® and Retinol
- Stem Cells Phyto-Elite® Foaming Cleanser (retail)
- Timeless Balm Cleanser (retail and professional)
- Other Pevonia Cleansers, exfoliants, and foaming products containing subderivatives such as Sodium Lauroyl Oat Amino Acids (surfactant or cleansing agent), Beta-Glucan, etc., in general should not be a concern)

Products that may contain SULFUR (NONE)



Products and Treatments to avoid for guests who are G6PD Enzyme deficient:

- 'C' Complexe with Vitamin C
- All SpaTeen® Line
- All the RS2 Line and Mask Treatment
- Anti-Free Radicals Mask Treatment
- Cellulite Activating Gel
- Chocolate Indulgence Mask Face & Body
- Chocolate Indulgence Massage Oil Face & Body
- EyeRenew® Conceal & De-Age Treatment
- Light Feet Treatment Mask
- Lightening Mask
- Luminous 'C' & 'Sea' Mask
- Luminous Vitamin 'C' Ampoules
- Multi-Active Foot Cream
- Spalassium Recovery Oil
- Stem Cells Phyto-Elite® Body Corrector (Moisturizer)
- Stem Cells Phyto-Elite® Body Treatment (all components)
- Tension Relief Gel (use with caution)
- YouthRenew® Tinted Cream

Foods to avoid for G6PD deficient people (For cross-reactions caution):

Prohibited Food / Drinks for G6PDDs

- Aduke Beans
- Alfalfa
- Anasazi Beans
- Azuki Beans
- Bean Sprouts (Toge: Philippines)
- Beans, Snap
- Black Beans (Black Turtle)
- Black-Eyed Peas
- Broad Beans
- Calypso (Yin Yang) Beans
- Cannellini Beans
- Chinese Long bean (sitaw/ snake bean/ asparagus bean/ yardlong bean)
- Copper Beans
- Edamame
- FAVA BEANS (Broad Beans; SN: *Vicia faba*) found in Dingdong nuts & Mr. Bean.
- Fenugreek [SN: *Trigonella foenum-graecum*] (*a common ingredient of curry powder; also a herbal remedy to increase milk production for nursing mothers)
- Garbanzo Beans (Chickpeas, Desi/Bengal Gram, Chana Dal)
- Green Beans (Baguio Beans / Snap Beans)
- Hyacinth Bean (*Lablab purpureus*/ lablab bean/Komak(Indonesia)/ Bataw (Philippines)/ Thua Nang, Thua Paep. (Thailand)
- Jicama (Mexican Yam/Mexican Turnip: U.S.; Singkamas: Philippines)
- Kidney Beans
- Lentils (Green, Red, Yellow, Brown, Other)
- Lima Beans (Butter Beans/ Patani, Buriñgi : Philippines / Thua rachamat: Thailand)
- Mung Beans (Munggo/Monggo: Philippines)
- Navy Beans
- Northern Beans
- Pea Pods/ Snow peas (Chicharo (Ph.) Mange-tout (Fr.) Chinese Peas, He lan do (Mandarin)
- Peanuts (Mani: Philippines; SN: *Arachis hypogaea*)
- Peas, Green
- Pinto Beans
- Red Beans
- Soybeans (Balatong/Utaw: Ph) (E.g., Taho, Tokwa, soy sauce, Miso: made from mashed soybeans, rice or barley, salt, water and a mold called *Aspergillus Oryzae* also known as "Koji")
- Soybeans, Black / Red
- Speckled Cranberry Beans
- Tamarind Beans (SN: *Tamarindus indica*/Sampalok-Ph.) (*Aside from allergies, no negative reports on the G6PDD-Ph group regarding G6PDD kids who consume "Sinigang" regularly)
- Wax Beans
- White Beans
- Winged bean (Manila Bean, Goa bean, asparagus pea, four-angled or four-cornered bean, Sigarilyas:Ph.)
- Ampalaya or Bitter Melon: contains Vicine which is also found in fava beans. Vicine may trigger hemolytic anemia among G6PDDs.
- Blueberry: Blueberry is listed as food to avoid on NIH's list. Canned blueberries are known to be high on salicylates. Salicylates may trigger hemolysis among G6PDDs. Just be cautious. As of September 21, 2014, G6PDD-Ph doesn't have reports of hemolytic anemia on G6PDD children because of blueberry consumption.
- Red wine: contains sulfites, a widely used preservative in winemaking. Sulfites may trigger hemolytic anemia among G6PDDs.
- Tonic water: a carbonated drink used in mixed drinks like gin & tonic. Tonic water contains quinine. Quinine may induce hemolytic anemia among G6PDDs.



Special Note/Precaution on LATEX Allergies:

Pevonia products do not contain anything related to latex; however, although very rarely, some formula ingredients "may" be involved in a cross-reaction with Latex allergies, with different probabilities. Please keep this in mind, and refer to the Pevonia Glossary if the ingredient in a suggested/concerned product is derived from a source as listed below:

- **High probability:** *Avocado, Banana, Chestnut, Kiwi*
- **Moderate probability:** *Apple, Carrot, Celery, Melons, Papaya, Potato, Tomato*
- **Low/undetermined probability:** *Apricot, Buckwheat, Cassava/Manioc, Castor bean, Cherry, Chickpea, Citrus fruits, Coconut, Cucumber, Dill, Eggplant/Aubergine, Fig, Goji berry/Wolfberry, Grape, Hazelnut, Indian jujube, Jackfruit, Lychee, Mango, Nectarine, Oregano, Passion fruit, Peach, Peanut, Pear, Peppers (Cayenne, Sweet/bell), Persimmon, Pineapple, Pumpkin, Rye, Sage, Strawberry, Shellfish, Soybean, Sunflower seed, Tobacco, Turnip, Walnut, Wheat, Zucchini.*

Special Note/Precaution on possible LAVENDER Allergies:

Please note that many Pevonia products contain Lavender. Some individuals may be sensitive to Lavender and also experience cross reactivity with products containing Rosemary and Thyme extracts. Please review the list of ingredients of products that contain Lavender before application.

Gluten-Free Statement

Pevonia manufacturing processes ensure products are highly purified and free of contamination from gluten; the entire line-up is generally considered safe for gluten-intolerant individuals or with a celiac disorder. However, for those ultimately and strictly concerned, they may choose to avoid certain products like the ProCorrective® Clear-Control Blemish Treatment, ProCorrective® Clear-Control Moisturizer, and any products containing oat derivatives as detailed on this document (i.e.: Enzyme Powder Mask).





PEVONIA PRODUCTS SUITABLE FOR CHILDREN & PRE-TEENS

RETAIL - FACE

- "C" Complexe With Oxyzomes*
- "C" Évolutive Eye Gel*
- Balancing Combination Skin Cream
- Bright Skin Green Apple Mask
- CleanRefresh™ Foaming Oil Cleanser
- Chocolate Indulgence Moisturizer Face & Body
- De-stress Escape Aromatic Oil
- Évolutive Eye Cream*
- Eye Make-up Remover
- Gentle Exfoliating Cleanser*
- Hyaluronic Acid Hydramist™
- Hyaluronic Acid Hydra-serum
- Hydrating Cleanser
- Hydrating Toner
- Phyto-Gel Cleanser
- Pure Skin Charcoal Mask
- Rapid-Restore Lip Balm*
- Rejuvenating Dry Skin Cream
- Rs2 Care Cream
- Rs2 Concentrate
- Rs2 Gentle Cleanser
- Rs2 Gentle Lotion
- Sensitive Skin Cleanser
- Sensitive Skin Lotion
- Soothing Propolis Concentrate
- Soothing Sensitive Skin Cream
- Spateen® Blemished Skin Blemish-b-gone
- Spateen® Blemished Skin Cleanser
- Spateen® Blemished Skin Moisturizer
- Spateen® Blemished Skin Toner
- Vitaminic Concentrate
- YouthRenew™ Tinted Cream*

RETAIL - FACE & BODY

- After-Sun Soothing Gel
- Chocolate Indulgence Moisturizer Face & Body
- Hydrating Sunscreen SPF 40 UVA/UVB w/Blue Light Shield
- Phyto-Aromatic Mist

RETAIL - BODY

- Chocolate Indulgence Moisturizer Face & Body
- Collagen Hand Cream
- Any available BodyRenew™ products

Note: Some products marked with the star (*) are listed only for specific usage and are not necessarily recommended for regular application. Please contact us if you have any questions.





PEVONIA PRODUCTS AND TREATMENTS TO USE WITH ABLATIVE/NON-ABLATIVE LASERS, AND OTHER PROCEDURES -GENERAL RECOMMENDATION GUIDELINES-

Pre-Op Protocol

In-Spa:

- For best results, it is recommended to perform two Stem Cells Freeze-Dried treatments a month prior to the procedure, or alternatively, two Intensifier - Collagen & Myoxy-Caviar® ampoule treatments.

At-Home:

- Use twice a day the Micro-Retinol® Essential Cleanser and Essential Toner for at least 2-3 weeks.
- As a moisturizer, use the Micro-Emulsified Massage Oil Anti-Stress twice a day, for at least 2-3 weeks.
- Use a choice of Pevonia® Hydrating Sunscreen SPF 40, Medicalia® Sunscreen SPF 40, or YouthRenew® Tinted Cream during the day and reapply as needed.
- Optional: To ensure ideal results and prevent hyperpigmentation post-procedure, it is recommended to use the Medicalia® Lightening Cream every night for at least two weeks (and discontinue 48 hrs. prior to the procedure). In such case, use the Micro-Emulsified Massage Oil Anti-Stress only in the mornings and apply sunscreen afterward.

Post-Op Protocol

In-Spa:

- For ablative lasers, if the skin is oozing, apply cool compresses soaked in Water Lily Wrap for 20 minutes, then remove and apply Reactive Cream. When the skin gets drier and more tolerant, the Oxy-Vital Mask may be used.
- For non-ablative lasers, the Soothing Gel Mask is a great option, yet the Oxy-Vital Mask is also an alternative.

At-Home:

- Once the skin is ready or feels comfortable to be manipulated, use Sensitive Skin Cleanser and Lotion, Sensitive Skin Cream, Phyto-Aromatic Mist or Hyaluronic Acid HydraMist™, and After-Sun Soothing Gel, as needed, depending on skin discomfort and tolerance.
- Of course, sun exposure is not recommended for at least 6 months or as advised by the practitioner. However as necessary, apply a choice of Pevonia® Hydrating Sunscreen SPF 40, Medicalia® Sunscreen SPF 40, or Pevonia® YouthRenew™ Tinted Cream for maximum post-op protection.
- The treatment at home should be no less than 2 months long.

Switching to other treatments:

- Depending on the procedure and the condition/outcome of the skin, after about 2 months of post-op recovery and healing, the Pevonia Stem Cells Phyto-Elite® or Myoxy-Caviar® professional treatments can be performed to enhance/maintain optimal skin results.



PEVONIA SKIN CONDITION RELIEF GUIDELINES

SKIN CONDITION	RELIEF RECOMMENDATION
INFLAMED ACNE	Home Care: Use the Sensitive Line to reduce inflammation and redness, plus the After Sun Soothing Gel as a mask, as needed; place in the door of the fridge for expedited cooling relief. Alternative: RS2 Concentrate. Professional Treatment: For acne grades 1-3, you may perform the Plantomer® Mask Treatment or Oxy-Vital Mask Treatment. You may also use the Soothing Propolis Ampoule or Soothing Formula Ampoule coupled with the Soothing Gel Mask or Sensitive Skin Mask. For acne Grade 4, refer the guest to a dermatologist.
HYPER-PIGMENTATION	Home Care: Depending on the case: use the Lumafirm® line to support skin lightening, and for recurrent prevention. Use along with Hydrating Sunscreen SPF 40 or YouthRenew® Tinted Cream for further prevention. Alternatives: Micro-Retinol® Line; "C" Complexe with Oxyzomes; Resurfacing Glycocides® Cream. Professional Treatment: Lumafirm® Lift & Glow Treatments, Micro-Retinol® Essential Peel Treatment, Luminous "C" & "Sea" Treatment, Lacto-Flora Peel Treatment, YouthRenew® Hydra-Glow Peel Treatment; Lightening Mask.
HYPO-PIGMENTATION	Home Care: You may use the Lumafirm® Line applied to the surrounding skin <u>only</u>. Couple with dermatologist's feedback (highly recommended) for lightening surrounding skin and addressing this condition (results will vary). Sunscreen use will still be needed on treated areas. Professional Treatment: Lumafirm® Treatments, applied to the surrounding skin <u>only</u> (results will vary).
DERMATITIS/ ECZEMA	Home Care: Apply Sensitive Skin Cream to reduce inflammation and redness, plus the After-Sun Soothing Gel as a mask, as needed; place in the door of the fridge for expedited cooling relief. Additionally, in milder cases and depending on tolerance the Marine Magnesium may be massaged into the skin <u>after dilution</u> or may be used as a bath soak. Alternatives: BodyRenew® Jasmine & Lavender Body Moisturizer; RS2 Concentrate; Soothing Propolis Concentrate Professional Treatment: For milder cases and depending on tolerance the Marine Magnesium may be massaged into the skin <u>after dilution</u> or may be used as a hydrotherapy soak. Alternatives: BodyRenew® Jasmine & Lavender Body Moisturizer; RS2 Concentrate Ampoule; Soothing Propolis Ampoule.



SKIN CONDITION	RELIEF RECOMMENDATION
KERATOSIS PILARIS	Home Care & Professional Treatment: Exfoliate with Silky Skin Body Scrub and use Preserve Body Moisturizer daily. Alternatives: Any Pevonia® granule-based body scrub; dry body brushing.
HIVES	Home Care: Apply Reactive Cream. Follow with After Sun Soothing Gel as a mask, as needed; place in the door of the fridge for expedited cooling relief. Alternatives: RS2 Concentrate; Soothing Propolis Concentrate. Professional Treatment: Apply Water Lily After Sun Soothing Wrap, followed by Reactive Cream. Alternatives: RS2 Concentrate Ampoule; Soothing Propolis Ampoule.
FUNGUS/ MYCOSIS (or suspicion)	Home Care & Professional Treatment: Preferably to avoid and refer the guest to a dermatologist. THIS CONDITION IS CONTAGIOUS.
PSEUDO- FOLLICULITIS	Home Care: Gently exfoliate weekly to reduce onset with Pevonia® choices. Shave with Easy-Glide Shaving Emulsion and follow with an application of the Soothing After Shave Balm. For daily care aside from shaving, apply Soothing Propolis Concentrate followed by Reactive Cream, as needed. Professional Treatment: Plantomer® Mask Treatment, or apply Soothing Propolis Ampoule, followed by Reactive Cream. Any gentle Pevonia professional exfoliation or light peel treatment may help with improvement.
PSORIASIS	Home Care & Professional Treatment: Use Soothing Propolis Concentrate or RS2 Concentrate if skin is inflamed. When the skin is not irritated, gently exfoliate and then moisturize with the Preserve Body Moisturizer or BodyRenew® Jasmine & Lavender Body Moisturizer.



SKIN CONDITION	RELIEF RECOMMENDATION
IMPETIGO	Home Care: Refer the guest to a dermatologist, THIS CONDITION IS CONTAGIOUS. Following doctor's visit and treatment, carefully and gently apply After Sun Soothing Gel as often as needed, follow with thorough hand washing. Place After Sun Soothing Gel in the door of the fridge for expedited cooling relief. Professional Treatment: Refer the guest to a dermatologist, THIS CONDITION IS CONTAGIOUS.
COLD SORES (ACTIVE OR SUSPICION)	Home Care: Refer the guest to a dermatologist. It is preferable to avoid the affected area. THIS CONDITION IS CONTAGIOUS. DO NOT APPLY ANY LOW pH OR EXFOLIANT PRODUCT NEAR OR OVER POSSIBLE LESION. You may also recommend over-the-counter relief, as applicable. Professional Treatment: Refer the guest to a dermatologist, THIS CONDITION IS CONTAGIOUS. DO NOT WORK TREATMENTS WHEN CONDITION IS ACTIVE. TAKE PRECAUTIONS WHEN CONDITION IS NOT ACTIVE IF WORKING AROUND OR CLOSE (NOT OVER) THE AFFECTED AREA OR RECOMMEND OVER-THE-COUNTER CONTROL AND RELIEF AT LEAST 5 DAYS PRIOR TO TREATMENT.
HAND, FOOT, AND MOUTH DISEASE	Home Care: Refer the guest to a dermatologist, THIS CONDITION IS CONTAGIOUS. Carefully and gently apply After Sun Soothing Gel as often as needed, follow with thorough hand washing. Place After Sun Soothing Gel in the door of the fridge for expedited cooling relief. Professional Treatment: Refer the guest to a dermatologist, THIS CONDITION IS CONTAGIOUS. DO NOT PERFORM TREATMENTS WITHOUT DOCTOR'S APPROVAL.
SUNBURN OR OTHER SKIN BURNS	Home Care: Apply Reactive Cream. Follow with After Sun Soothing Gel as a mask and apply as often as needed. Place in the door of the fridge for expedited cooling relief. Professional Treatment: Apply Water Lily After Sun Soothing Wrap, followed by After Sun Soothing Gel. On face: Apply Oxy-Vital Mask followed by Reactive Cream. Alternatives: RS2 Concentrate Ampoule; Soothing Propolis Ampoule; Reactive Cream -on its own.
SKIN RASH (results will vary)	Home Care: Apply Reactive Cream. Follow with After Sun Soothing Gel as a mask and apply as often as needed. Place in the door of the fridge for expedited cooling relief. Professional Treatment: Apply Water Lily After Sun Soothing Wrap, followed by Reactive Cream. Alternatives: RS2 Concentrate Ampoule; Soothing Propolis Ampoule.
SHINGLES	Home & Professional Care: Refer the guest to a dermatologist. Gently use Soothing Propolis Concentrate or RS2 Concentrate or After Sun Soothing Gel, followed by Reactive Cream as needed to subside itching and rash symptoms. You may also apply <u>diluted</u> Marine Magnesium to area gently, if discomfort is tolerable. Otherwise, do a bath/hydrotherapy soak with Marine Magnesium. Also, a professional application of Water Lily After Sun Soothing Wrap or Soothing Gel Mask to the affected area can offer expedited relief (keep these products cool for best results).



MOST COMMON SYMPTOMS OF SKIN REACTIONS AND WHAT TO DO

SYMPTOM	POSSIBLE CAUSE	POSSIBLE PROFESSIONAL SOLUTIONS	POSSIBLE SELF-CARE SOLUTIONS
REDNESS	- Low pH product on sensitive skin - Enzymes still active! - Damaged skin barrier - Post-peel onset - Post-body treatment	- COLD/ICY WATER COMPRESSES - APPLY COOLED SOOTHING GEL MASK; USE REACTIVE CREAM	- Apply ice cold compresses, if needed - Sensitive Skin Cream or RS2 Cream if ongoing redness - Acclimate skin progressively; wait 10' between product application steps
MAJOR IRRITATION/ SWELLING	- Enzymes still active - Too much product used - Layering of products - Too much pressure when using exfoliant - Combining treatment/product modalities - Visiting Hair Salon shortly after a peel or treatment	- APPLY "ICE-COLD" COMPRESSES - USE REACTIVE CREAM OR SOOTHING GEL MASK Use only recommended quantities - Do not layer products unless otherwise specified - Do not combine treatment/product modalities not recommended by Pevonia - Don't do other treatments within 24 hrs.	- Apply ice cold compresses, if needed - After Sun Soothing Gel - Sensitive Skin Lotion - Sensitive Skin Cream - OTC cortisone cream for 3-5 days, if needed
SOME ITCHING/ MINOR TINGLING	- Sensitized skin/Dry skin - RS2 Mask - Body Wrapping (left overtime) - Resurfacing Glycocides® Cream - Acne products with acids - Enzyme or Peel related - Low pH product on sensitive skin	- APPLY COLD COMPRESSES/ SOOTHING GEL MASK OR REACTIVE CREAM - Review instructions for exfoliation, if applicable	- Phyto-Aromatic Mist (cooled) - Sensitive Skin Cream - Acclimate skin progressively; wait 10' between product application steps
"BURNING" SENSATION	- Enzymes still active - Mishandling of Peels - Improper/Lack of neutralization of peels - Hypersensitive skin /damaged skin barrier	- APPLY COLD COMPRESSES - SOOTHING GEL MASK OR REACTIVE CREAM - Oxy Vital Mask	- Apply ice cold compresses, if needed - After Sun Soothing Gel - Sensitive Skin Lotion - Sensitive Skin Cream - Protect Skin with SPF

Note: For all situations, stop product usage immediately and proceed with possible solution



SYMPTOM	POSSIBLE CAUSE	POSSIBLE PROFESSIONAL SOLUTIONS	POSSIBLE SELF CARE SOLUTIONS
BUMPY RASH	- Contaminated product - Expired product - Actual allergy to an ingredient? - Makeup applied shortly after a peel or certain treatments - Enzymes not fully removed/ inactivated	- CALM SKIN, AS APPLICABLE - CHECK LOT# AND EXPIRATION DATE OF PRODUCT - CHECK FOR UNFAMILIAR PRODUCT CHANGES - CHECK FOR POSSIBLE PRODUCT CONTAMINATION - DON'T USE ANY PRODUCTS AFTER A PEEL FOR 24 HRS. - AVOID MIXING PRODUCTS/TREATMENTS	- Sensitive Lotion - OTC anti-histaminic or refer to doctor, if necessary
SKIN PEELING/ EXCESSIVE DRYNESS	- Damaged skin barrier - Skin overly dehydrated - Skin surface "burned" by peeling - Reactivated eczema	- REACTIVE CREAM OR RS2 CREAM - AFTER PEEL TREATMENT, PROTECT SKIN. - SOOTHING GEL MASK - OXY-VITAL MASK - PHYTO-AROMATIC MIST OR HYALURONIC ACID HYDRAMIST™	- Phyto-Aromatic Mist or Hyaluronic Acid HydraMist™ - If caused by product, adjust product usage - Hyaluronic Acid Hydra-Serum - If skin feels "like burned", stop all cosmetics application and apply ice cold compresses, followed by Sensitive Skin Cream - SPF protection during daytime
UNSIGHTLY PIGMENTATION	- Long term skin irritation - Sun exposure post-treatment - Resurfacing Glycocides® Cream or Micro-Retinol® products used during the day and exposed to sun - Chronic skin irritation/Dryness	- LACTO-FLORA PEEL OR YOUTHRENEW™ HYDRA-GLOW PEEL, AS NEEDED AND IF SKIN IS OTHERWISE HEALTHY - LIGHTENING MASK, IF AVAILABLE - LUMINOUS 'C' & 'SEA' MASK TREATMENT	- Use SPF protection during daytime with all these products: - Resurfacing Glycocides® Cream - Lumafirm® Repair Cream - Micro-Retinol® Moisturizer - Also, Phyto-Aromatic Mist or Hyaluronic Acid HydraMist™, daily
NO IMPROVEMENT OR SKIN CONDITION WORSENS	Any cause	- REVIEW WHAT COULD HAVE GONE WRONG - LOOK FOR ALTERNATIVES - SEND TO DOCTOR, IF NEEDED	- OTC cortisone or anti-histaminic, if applicable - Go to doctor

Note: For all situations, stop product usage immediately and proceed with possible solution



USING PEVONIA WITH BEAUTY DEVICES AND ADVANCED COSMETIC TECHNOLOGIES

Disclaimer: The below information is a suggested guideline on how to safely combine treatments according to Pevonia® standards. Always follow manufacturer's instructions on device use, and your local laws. Pevonia may not be held liable for undesired results when utilizing devices. Always consider possible contraindications. Professional judgment and responsibility lie with the therapist.

Treatment	How to Use Pevonia® with it
Hydra-dermabrasion (Innofacial or HydraFacial™)	In general, you may perform the following steps: Cleanse with Pevonia products as usual. Use Hydradermabrasion as indicated. After the vacuum step, utilize Pevonia products according to skin type including lotion, ampoules, mask, and moisturizer. If a high-performance mask is desired, make sure it does not sensitize or irritate the skin, or is not contraindicated based on professional judgement.
Dermabrasion/ Micro-dermabrasion (MDA)	Cleanse with the Pevonia Phyto-Gel Cleanser. Perform MDA procedure in place of choosing a Pevonia exfoliation product. Proceed with treatment utilizing Pevonia products according to skin type; including lotion, ampoules, and a high-performance mask or treatment
Mesotherapy (Injectable for MedSpas and Virtual for Beauty Spas)	Cleanse with Pevonia products as usual. In a MedSpa after injectable mesotherapy, sanitize the skin and apply Propolis ampoule until absorbed. Then apply Oxy-Vital Mask for 10 min. Finish with Reactive Cream. For Virtual Mesotherapy: Ionize any ampoule or Freeze Dried according to skin concern. Proceed with any Pevonia mask and finishing products according to skin concern/type.
Esthetic Level Microneedling: Roller, or motorized pen (Dermapen®)	After numbing cream, cleanse with Pevonia® Phyto-Gel Cleanser and follow with Facial Lotion. Follow with needling procedure as instructed. At completion, cleanse the skin well again. Apply slightly cooled Soothing Propolis Concentrate. Apply then the Oxy-Vital Mask treatment. After removing the mask, do not wipe the skin and apply your choice of the Hyaluronic Acid Hydra-Serum or any Pevonia® ampoule if manipulated very gently; just apply on the surface and slightly massage just for absorption. Afterward, apply cooled Reactive Cream. Do not apply sunscreen, however, ask client to avoid sun exposure completely until getting home. For home the next day, the client/guest may use the 'C' Complexe w/Oxyzomes or a choice of intensifier, and then a Pevonia® moisturizer according to skin type, plus daily sunscreen thereon.
Microneedling w/RF (ScarLet RF)	After numbing cream, cleanse with Pevonia® Phyto-Gel Cleanser and follow with Facial Lotion. Follow with needling procedure as instructed. At completion, cleanse the skin well again. Apply slightly cooled Soothing Propolis Concentrate. Apply then the Oxy-Vital Mask treatment. After removing the mask, do not wipe the skin and apply your choice of the Hyaluronic Acid Hydra-Serum or Vitamin "C" with Oxyzomes ampoule, massaging <u>very</u> gently, without pressure. Finish with slightly cooled Reactive Cream. Do not apply sunscreen, however, ask client to avoid sun exposure completely until getting home. For home the next day, the client/guest may use the 'C' Complexe w/Oxyzomes and a Pevonia® moisturizer according to skin type, plus daily sunscreen <u>after 24 hours</u> .
Radio Frequency (mono, bi, multipolar)	Cleanse with Pevonia products as usual. Perform RF as indicated by manufacturer. Wipe the skin with warm water to remove any excess of conductive gel. Apply any Pevonia® ampoule of choice and massage into the skin gently by hand. Instruct the client to apply a choice of Power Repair® Intensifier and Cream at home that night to keep the skin nourished and hydrated



Treatment	How to Use Pevonia® with it
Dermaplaning	Cleanse with the Pevonia® Phyto-Gel Cleanser. Perform Dermaplaning procedure in place of choosing a Pevonia exfoliation product. Proceed with treatment utilizing Pevonia products according to skin type; including lotion, ampoules, and a high-performance mask or treatment
HIFU (High Intensity Focused Ultrasound)	Cleanse with Pevonia products as usual. Perform HIFU procedure as indicated by manufacturer. Wipe the skin with warm water to remove any excess of conductive gel. Apply any Pevonia ampoule of choice and massage into the skin gently by hand. Instruct the client to apply a choice of Power Repair® Intensifier and Cream at home that night to keep the skin nourished and hydrated
LED Devices (LightStim®)	Cleanse, tone, exfoliate with Pevonia products as usual. Apply any Pevonia ampoule of choice and massage into the skin. All ampoules can be used prior to the LED procedure, except Vitamin "C" with Oxyzomes*. Use LED device as suggested by manufacturer. Proceed with treatment using Pevonia products according to skin type and concern; including cream masks or high-performance masks and finishing products. *When choosing Vitamin "C" with Oxyzomes, cleanse, tone, exfoliate and perform LED application. Proceed with Pevonia Vitamin "C" with Oxyzomes ampoule, then mask and moisturizer of choice.
Microcurrents (NuFace®)	Cleanse, tone, exfoliate, and massage with your choice of Pevonia Ampoule. Then use Power Repair® Hydrating Lotion. Apply conductive gel and follow with microcurrent procedure. At completion, wipe the skin with warm water to remove any excess of conductive gel. Apply Soothing Gel Mask, and finish with moisturizer according to skin type/concern.
IPL and most Lasers: Ablative & Non-Ablative (including Fractional)	Pre-Op: If possible, it is recommended to perform two (2) Stem Cells Freeze-Dried treatments a month prior to the procedure for best results, or two (2) Intensifier - Collagen & Myoxy-Caviar® ampoule treatments. At home, use twice a day the Micro-Retinol® Essential Cleanser and Toner for at least 2-3 weeks. As a moisturizer, use the Micro-Emulsified Massage Oil Anti-Stress twice a day, for at least 2-3 weeks. Use a choice of Pevonia® Hydrating Sunscreen SPF 40, Medicalia® Sunscreen SPF 40, or YouthRenew® Tinted Cream during the day and reapply as needed. To ensure ideal results and prevent hyperpigmentation post-procedure, it is recommended to use the Medicalia® Lightening Cream every night for at least two weeks (and discontinue 48 hrs. prior to the procedure). In such case, use the Micro-Emulsified Massage Oil Anti-Stress only in the mornings and apply sunscreen afterward. Post-Op: For ablative lasers, use cool compresses soaked with Water Lily wrap solution if the skin is very irritated and/or oozing; then remove and apply Reactive Cream and when the skin is drier and more tolerant, the Oxy-Vital Mask may be used. For non-ablative lasers, the Soothing Gel Mask is a great option, yet the Oxy-Vital Mask is also an indicated alternative. For home, once the skin is ready to be manipulated use Sensitive Skin Cleanser, Lotion, and Cream; Phyto-Aromatic Mist or Hyaluronic Acid HydraMist™, and After-Sun Soothing Gel as needed depending on skin discomfort and tolerance. Of course, sun exposure is not recommended for at least 6 months or as advised by the practitioner. However as necessary, apply a choice of Pevonia® Hydrating Sunscreen SPF 40, Medicalia® Sunscreen SPF 40, or Pevonia® YouthRenew™ Tinted Cream for maximum post-op protection. The post-op home treatment course should last no less than 2 months long.



Treatment	How to Use Pevonia® with it
Platelet-Rich Plasma Treatment (PRP) -With facial injections- (Only for Med-Spas, Nurses, or Doctors)	If the PRP treatment involves direct injections into the skin, after numbing cream, cleanse gently preferably with Pevonia® Phyto-Gel Cleanser, rinse, blot dry, and perform injections. Cleanse very gently again after the injections (without dragging the skin or applying pressure). Tone with Pevonia Facial Lotion and apply the Oxy-Vital Mask for 15 minutes. Finish by applying a very small amount of "cooled" Reactive Skin Care Cream. These last few steps after the injections are only suggestions, however they can be modified according to the doctor's specific instructions/judgement, or clinical protocol. At home, cleanse with the Pevonia Sensitive Skin Cleanser and Lotion, and then apply 'C' Complexe with Oxyzomes followed by Sensitive Skin Cream for the first 5 days, especially if skin dryness is experienced. Then, any Pevonia® moisturizer for rejuvenation, or according to skin type may be used. Sunscreen must be used after 24 hours, especially if going outdoors.
Platelet-Rich Plasma Treatment (PRP) without facial injections (Only for Med-Spas, Nurses, or Doctors)	If the PRP treatment does not involve direct injections into the skin and rather the use of micro-needling, after numbing cream, cleanse with Pevonia Phyto-Gel Cleanser and perform the micro-needling procedure as intended. Apply the PRP solution over the face during micro-needling and massage it gently. Remaining blood serum can be massaged into the skin and left on until the next day, or 24 hours. At home, cleanse with the Pevonia Sensitive Skin Cleanser and Lotion, and then apply 'C' Complexe with Oxyzomes followed by Sensitive Skin Cream for the first 5 days, especially if skin dryness is experienced. After that, any Pevonia® moisturizer for rejuvenation, or according to skin type can be used. Sunscreen must be used after 24 hours if going outdoors.
Cryolipolysis (CoolSculpting®)	Perform Cryolipolysis procedure as intended. After procedure, you may perform a 3-minute massage with the Lumafirm® Micro-Release Massage Gel on targeted areas depending on tolerance. You may use the Stem Cells Phyto-Elite® Body Cellulite Massage Oil upon client/guest tolerance as the area recovers. Repeat once or twice a week if swelling/discomfort permits. Cleanse the surface of the skin well before applying compression garments. For home, you may recommend the Crepe-No-More Body Cream over affected areas. After 2 weeks if there are no discomfort symptoms or contraindications, you may perform any Pevonia slimming body wrap to the area, weekly.
Endomassage (Endermo-therapy)	The application of this high-power ultrasound, polarized/alternating currents and Endermotherapy can be combined with Pevonia in the following manner: Perform an exfoliation over the area(s) to be treated with Pevonia salts of choice and cleanse the skin well afterward. Then apply the Lumafirm® Body Elixir and massage well into the skin until complete absorption. Proceed to apply the conductive gel over the areas of concern and perform Endomassage procedure. When finished, Wipe the skin with warm water to remove any excess of conductive gel. Next, you may apply the following options depending on concern/skin type: Lumafirm® Body Moisturizer, Crepe-No-More Body Cream, or Stem Cells Phyto-Elite® Body Corrector. You may alternate with Pevonia Professional Body Wraps as applicable once per week. For home, you may recommend the Crepe-No-More Body Cream or any retail counterparts of the recommended professional body moisturizers, as applicable.
Scalp Treatments	Use the Hair Energize Extra-Strength Products to support scalp and hair health. Option 1 (MedSpa): The Hair Energize Extra-Strength collection may be recommended for use before and after clinical hair & scalp treatments to support improvement efforts at-home. (Requires Physician approval). Option 2 (Beauty Spa/Salon/Hair Salon): You may use the Hair Energize Extra-Strength collection as a teaser treatment to promote at-home care, or directly at the shampoo bowl. Please consult the recommended step-by-step for details.