



pevonia®

# TECHNICAL MANUAL

Face Treatments

Step-By-Step  
Protocols



# Mini-Facial Treatment

## All Skin Types

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymo-Sphérides®  
Peeling Cream

- Phyto-Gel Cleanser
- "C" Évolutive Eye Gel
- Face Mask\*

- Care Cream\*
- \*According to skin type

## STEP 1



### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

## STEP 5



- a. Apply any Pevonia Mask according to skin type. Leave on for 10 minutes.

- b. Rinse with cool water. Follow with Facial Lotion All Skin Types.

## STEP 2



- a. Apply the Enzymo-Sphérides® Peeling Cream all over the face and neck, 1/2 an inch away from eyes. Apply the Peeling Cream until you spread it completely over the entire skin surface. Wet your fingers with warm water and gently work the Peeling

Cream. Leave peeling on skin for 3 minutes.

- b. Wet your fingers with warm water and work the peeling one more time. Remove the peeling thoroughly with pads wet with warm water.

## STEP 6



As a final step, apply any Pevonia Care Cream according to skin type over face, neck, and décolleté.

## STEP 3



- a. Foam a small quantity of Phyto-Gel Cleanser between wet palms. Apply on face and neck, work it gently. Remove with pads wet with warm water.

- b. Wipe skin with any Pevonia Lotion, according to skin type, blot the skin dry.

## STEP 4



- a. Apply "C" Évolutive Eye Gel around the eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.

# Essential Deep Cleansing Treatment

## All Skin Types

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- "C" Évolutive Eye Gel
- Soothing Sensitive Skin Mask
- Soothing Sensitive Skin Cream

#### PREPARATION



- 1 Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

#### STEP 4



Using an eye mask brush, apply "C" Évolutive Eye Gel around the eyes, 1/4 of an inch away from lashes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 1



##### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

##### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

#### STEP 5



- Apply the Soothing Sensitive Skin Mask or any Pevonia Skin Mask according to skin type in a thin layer all over face and neck. Leave mask on for 10 minutes.

- Rinse mask with pads wet with cool water. Follow with Facial Lotion All Skin Types.

#### STEP 2



- Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.

- Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

#### STEP 6



As a final step, apply the Eye Cream around the eyes, and Soothing Sensitive Skin Cream or any Pevonia Care Cream according to skin type over face, neck, and décolleté.

#### STEP 3



- Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.

- Wipe the skin with pads moist with Facial Lotion All Skin Types.



# Plantomer® Lift-Off Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- Plantomer® Mask (1 treatment) consisting of:
  - Propolis Concentrate Ampoule
  - Mask Powder

- "C" Évolutive Eye Gel
- Soothing Sensitive Skin Cream

### PREPARATION



- 1 Prepare the Propolis Concentrate ampoule: Twist the cap of the Propolis ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

### STEP 4



Apply 3/4 of the Propolis Concentrate ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Facial Cleanser All Skin Types, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

### STEP 5



Using an eye mask brush, apply "C" Évolutive Eye Gel around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

### STEP 2



- a. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.
- b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

### STEP 6



- a. Empty 1 powder pouch of the Plantomer Mask inside a plastic bowl. Add 1/3 of a cup of cool water to the powder; mix well until creamy and smooth.
- b. Apply mask in medium thickness covering neck and face. Leave mask on for 10 minutes.
- c. To remove the Plantomer Mask, release the edges of the mask and lift-off in one piece.
- d. Remove mask residue, if any, and wipe skin with Facial Lotion All Skin Types.

### STEP 3



- a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.
- b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

### STEP 7



Apply the remaining Propolis Concentrate ampoule all over face and neck. Massage gently until absorbed. Follow with the application of Soothing Sensitive Skin Cream or any care cream according to skin type.



# Anti-Free Radicals Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- Anti-Free Radicals Mask (1 trmt.) consisting of:
  - Vitaminic Concentrate Ampoule
  - Gauze Mask
  - Mask Powder

- Évolutive Eye Mask
- Micro-Emulsion Massage Cream
- Age-Defying Marine Collagen Cream

### PREPARATION



1. Prepare the Vitaminic Concentrate ampoule: Twist the cap of the Vitaminic Concentrate ampoule off and empty the ampoule content in a cup. Set aside.

2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

### STEP 4



Apply Vitaminic Concentrate ampoule all over face and neck. Proceed with massage.

### STEP 1



#### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

#### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

### STEP 5



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

### STEP 2



a. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.

b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions if needed.

### STEP 6



Take 1 tablespoon of the Micro-Emulsion Massage Cream and use as follows:

- Apply half the quantity all over skin
- Apply Gauze Mask (press to ensure adherence)

• Apply remaining Massage Cream on top of Gauze Mask.

### STEP 3



a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.

b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

### STEP 7



- Empty 1 powder pouch of the Anti-Free Radicals Mask in a plastic bowl. Add 1/3 of a cup of warm/hot water to the powder; mix well until creamy and smooth.
- Apply mask in a thick layer covering face (stop under jaw line). Leave mask on for 10 minutes.

- To remove the Anti-Free Radicals Mask, hold with both hands pushing forward. The mask will lift-off in one piece.
- Remove mask residue, if any, and wipe skin with Facial Lotion All Skin Types. Apply Age-Defying Marine Collagen Cream or any care cream according to skin type.

# RS2 Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Évolutive Eye Mask

- RS2 Mask (1 treatment) consisting of:
  - RS2 Concentrate
  - RS2 Seaweed Micro-Powder
  - Gauze Mask
  - Mask Powder

- RS2 Care Cream

### PREPARATION



1. Prepare the RS2 Concentrate ampoule: Twist the cap of the RS2 Concentrate ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare Seaweed Micro-Powder: Open the pouch and add 1 teaspoon of cold water. Mix well until a smooth mixture is obtained. Set aside.

### STEP 4



1. Add a drop of cold water over the prepared Seaweed. Mix well. The mixture should be fluid. Apply all over face.
2. Wet the Gauze Mask with cold water and apply over Seaweed Mask.

### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover. Remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Facial Cleanser All Skin Types. Work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

### STEP 5



- a. Empty 1 powder pouch of the RS2 Mask inside a plastic bowl. Add 1/3 of a cup of warm/hot water to the powder; mix well until creamy and smooth.
- b. Apply mask in a thick layer covering face (stop under jaw line). Leave mask on for 10 minutes.
- c. To remove RS2 Mask, hold with both hands pushing forward. The Mask will lift-off in one piece.
- d. Wipe the skin gently with cool water a few times until all Seaweed residue is removed. Follow with Facial Lotion All Skin Types.

### STEP 2



Apply the RS2 Concentrate ampoule all over face and neck. Massage gently until completely absorbed.

### STEP 6



Apply RS2 Care Cream all over face, neck, and décolleté. Massage gently until absorbed.

### STEP 3



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

# Luminous "C" & "Sea" Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- Luminous "C" & "Sea" Mask (1 trmt.) consisting of:
  - Vitamin "C" with Oxyzomes Ampoule
  - Seaweed Freeze-Dried
  - Mask Powder

- Évolutive Eye Mask
- Rejuvenating Dry Skin Cream

## PREPARATION



1. Prepare the Vitamin "C" with Oxyzomes ampoule: Twist the cap of the Vitamin "C" with Oxyzomes ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.
3. Prepare Seaweed Freeze-Dried: Open the pouch, fold the sheet in two. Cut crisscross in 4 small squares. Place in small cup. Add 1 tablespoon of cool water. Mix well until a smooth gel is obtained. Set aside.

## STEP 4



Apply 3/4 of the Vitamin "C" with Oxyzomes ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

## STEP 5



Mix the prepared Seaweed gel. Apply all over skin. Proceed with massage. Keep your hands moist with water so they can slide easily on the skin. An 8-10 minute massage is recommended.

## STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Facial Cleanser All Skin Types, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

## STEP 6



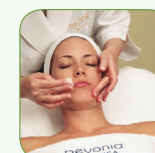
Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

## STEP 2



- a. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.
- b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

## STEP 7



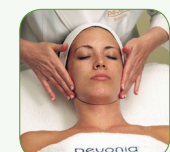
- a. Empty 1 powder pouch of the Luminous "C" & "Sea" Mask inside a plastic bowl. Add 1/3 of a cup of cool water to the powder; mix well until creamy and smooth.
- b. Apply mask in medium thickness covering neck and face. Leave mask on for 10 minutes.
- c. To remove the Luminous "C" & "Sea" Mask, release the edges of the mask and lift-off in one piece.
- d. Remove mask residue, if any, and wipe skin with Facial Lotion All Skin Types.

## STEP 3



- a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.
- b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

## STEP 8



Apply the remaining Vitamin "C" with Oxyzomes ampoule all over face and neck. Massage gently until absorbed. Follow with the application of Rejuvenating Dry Skin Cream or care cream according to skin type.



# Myoxy-Caviar® Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Timeless Balm Cleanser

- Phyto-Gel Cleanser
- Timeless Repair Lotion
- Clear-O-Zym™ (1/2 pouch)

- Timeless Repair Cream
- Évolutive Eye Mask

- Myoxy-Caviar® Mask (1 treatment) consisting of:
  - Filmo-Tech™
  - Myoxy-Caviar® Mask
  - Gauze Mask
  - Mask Powder

### PREPARATION



1. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other

two halves in the pouch for another treatment.  
2. Prepare Filmo-Tech™: Open one pouch and remove strip. Peel-off the 3 pieces of Filmo-Tech™ and place them in a small cup. Add 1 teaspoon of lukewarm water, mix well. Set aside.

### STEP 4



Using an eye mask brush, mix Filmo-Tech™ thoroughly and apply over skin. Moisten hands frequently and massage until absorbed.

### STEP 5



Apply Eye Mask around the eyes. Cover eyes and eyebrows with pads moist with Anti-Stress Eye Lotion.

### STEP 1



#### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

#### b. Face Cleansing

- Apply Timeless Balm Cleanser, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Timeless Repair Lotion.

### STEP 6



a. Using a face mask brush, take 1 tablespoon of the Myoxy-Caviar® Mask and apply half the quantity all over face and neck.

b. Apply gauze mask over it; press over face until mask completely adheres to skin.

c. Apply remaining Myoxy-Caviar® Mask on top of gauze mask.

### STEP 2



a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.

b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

### STEP 7



Empty 1 powder pouch of the Myoxy-Caviar® Mask Powder into a plastic bowl. Add 1/3 cup of warm/hot water and mix well. Apply immediately in an even, thick layer covering face (stop under jaw line).

Leave mask on for 10 minutes. Mask will harden. Remove the mask by holding it with both hands and lifting upward. Mask will lift-off in one piece. Remove Mask residue, if any.

### STEP 3



a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.

b. Use Phyto-Gel Cleanser, followed by Timeless Repair Lotion to ensure that no Clear-O-Zym™ residue remains.

### STEP 8



Wipe the skin with pads moist with Timeless Repair Lotion. Blot skin dry.

As a final step, apply Timeless Repair Cream over face, neck, and décolleté.

# lumafirm® Freeze-Dried Mask Treatment

## Visual Step-By-Step Protocol

### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser

- Hydrating Lotion
- Phyto-Gel Cleanser
- "C" Évolutive Eye Gel

- lumafirm® Repair Cream
- Clear-O-Zym™ (1/2 pouch)

- lumafirm® Freeze-Dried Treatment
- lumafirm® Repair Mask

### PREPARATION



1. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.
2. Prepare the lumafirm® Freeze-Dried: Open the freeze-dried disc by peeling off the foil seal from the tip backwards. Place the disc in a cup and add 1 teaspoon of water. Dissolve the disc using a small brush (eye mask brush recommended) until all powder is dissolved and you obtain a creamy emulsion. Set aside.

### STEP 4



- a. Using the mask brush, apply the lumafirm® Freeze-Dried emulsion all over the face, neck, and décolleté. Wet your hands with water and proceed with massage.
- b. Continue wetting your hands and massaging until the entire Freeze-Dried emulsion is absorbed. Concentrate on areas of concern.

### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

### STEP 5



Apply "C" Évolutive Eye Gel around the eyes. Cover with pads moist with Anti-Stress Eye Lotion.

### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

### STEP 6



- a. Apply lumafirm® Repair Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

### STEP 7



As a finishing touch, apply lumafirm® Repair Cream over face, neck, and décolleté.

# PevoRefine™ Polypeptides Freeze-Dried Trmt.

## Enlarged Pores, Uneven Skin texture

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser Comb. to Oily
- Facial Lotion Comb. to Oily
- Clear-O-Zym™ (1/2 pouch)
- Phyto-Gel Cleanser
- PevoRefine™ Polypeptides Freeze-Dried Treatment consisting of: - Freeze-Dried Vial - Solution Bottle
- Balancing Combination Skin Mask
- Balancing Combination Cream
- Évolutive Eye Mask

#### PREPARATION



1. Prepare the PevoRefine™ Trmt: Remove caps. Insert plastic bottle into glass vial and lock tightly. Squeeze bottle to empty solution. Shake to dissolve. Turn upside down. Squeeze bottle and release slowly to transfer the solution back. Unscrew plastic bottle and apply. Use immediately after opening.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Apply the Freeze-Dried solution slowly, pressing it all over the skin, concentrating on the most damaged areas. Massage well until absorbed.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Facial Cleanser Combination to Oily, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion Combination to Oily.

#### STEP 5



- Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



- a. Apply Balancing Combination Skin Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Facial Lotion Combination to Oily.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Facial Lotion Combination to Oily to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



- As a finishing touch, apply Balancing Combination Cream over face, neck, and décolleté. Massage gently until absorbed.



# PevoReclaim™ Polypeptides Freeze-Dried Trmt.

## Aging Signs: Lines and Wrinkles

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser

- Hydrating Lotion
- Clear-O-Zym™ (1/2 pouch)
- Phyto-Gel Cleanser

- PevoReclaim™ Polypeptides Freeze-Dried Treatment consisting of: - Freeze-Dried Vial - Solution Bottle
- Évolutive Eye Mask

- Rejuvenating Dry Skin Mask
- Age-Defying Collagen Cream

#### PREPARATION



1. Prepare the PevoReclaim™ Trmt: Remove caps. Insert plastic bottle into glass vial and lock tightly. Squeeze bottle to empty solution. Shake to dissolve. Turn upside down. Squeeze bottle and release slowly to transfer the solution back. Unscrew plastic bottle and apply. Use immediately after opening.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Apply the Freeze-Dried solution slowly, pressing it all over the skin, concentrating on the most damaged areas. Massage well until absorbed.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



- Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



- a. Apply Rejuvenating Dry Skin Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



- As a finishing touch, apply Age-Defying Marine Collagen Cream over face, neck, and décolleté. Massage gently until absorbed.

# Escutox Freeze-Dried Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser

- Hydrating Lotion
- Clear-O-Zym™ (1/2 pouch)
- Phyto-Gel Cleanser

- Escutox® Freeze-Dried Anti-Wrinkle (1 treatment) consisting of: - Escutox® Freeze-Dried
- Évolutive Eye Mask

- Myoxy-Caviar® Mask
- Timeless Repair Cream

### PREPARATION



1. Open Escutox® box and take one pouch.
2. Remove Escutox® Freeze-Dried circle from pouch and cut in half, then in quarters and place in a cup.
3. Add 1 tablespoon of water, mix well with spatula until a smooth gel is obtained. Set aside.

4. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

### STEP 4



Mix the prepared Escutox® Freeze-Dried thoroughly and apply over face and neck. Proceed with massage. You will have the ability to massage for any length of time. To facilitate hand motion, keep Escutox® moist with water. Massage 8-10 minutes.

### STEP 1



#### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

#### b. Face Cleansing

- Apply Hydrating Cleanser, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

### STEP 5



Apply Eye Mask around the eyes. Cover with pads moist with Anti-Stress Eye Lotion.

### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.

- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

### STEP 6



- a. Apply Myoxy-Caviar® Mask over face and neck 1/2 an inch away from eyes. Leave on for 10 minutes.

- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

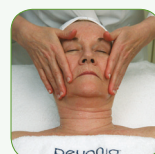
### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.

- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

### STEP 7



As a finishing touch, apply Timeless Repair Cream over face and neck. Massage gently until absorbed.

# Smooth Wrinkle – Luminous Repair Treatment

## Collagen Polypeptides w/ Myoxy-Caviar® Ampoule

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Hydrating Lotion
- Collagen Polypeptides with Myoxy-Caviar® Ampoule
- Myoxy-Caviar® Mask
- Anti-Stress Eye Lotion
- Phyto-Gel Cleanser
- Myoxy-Caviar® Ampoule
- Timeless Repair Cream
- Hydrating Cleanser
- Clear-O-Zym™ (1/2 pouch)
- Évolutive Eye Mask

#### PREPARATION



1. Prepare the Collagen Polypeptides with Myoxy-Caviar® ampoule: Twist the cap of the Collagen Polypeptides with Myoxy-Caviar® ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Apply 3/4 of the Collagen Polypeptides with Myoxy-Caviar® ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



- a. Apply Myoxy-Caviar® Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



Apply the remaining Collagen Polypeptides with Myoxy-Caviar® ampoule all over face and neck. Massage gently until absorbed. As a finishing touch, apply Timeless Repair Cream over face, neck, and décolleté. Massage gently until absorbed.



# Firm Skin – Luminous Repair Treatment

## Elastin Polypeptides with Sorghum Ampoule

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser
- Hydrating Lotion
- Phyto-Gel Cleanser
- Clear-O-Zym™ (1/2 pouch)
- Évolutive Eye Mask
- Elastin Polypeptides with Sorghum ampoule
- lumaform® Repair Mask
- lumaform® Repair Cream

#### PREPARATION



1. Prepare the Elastin Polypeptides with Sorghum ampoule: Twist the cap of the Elastin Polypeptides with Sorghum ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Using an eye mask brush, apply the Elastin Polypeptides with Sorghum ampoule on the most damaged areas. Proceed with targeted massage.
- b. Apply the remaining ampoule and proceed with full massage until product is completely absorbed.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



- a. Apply lumaform® Repair Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



As a finishing touch, apply lumaform® Repair Cream over face, neck, and décolleté.

# Refine Pores – Luminous Repair Treatment

## d.n.a. Polypeptides with Diacetyl Boldine Ampoule

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser

- Hydrating Lotion
- Phyto-Gel Cleanser
- d.n.a. w/ Diacetyl Boldine Ampoule

- "C" Évolutive Eye Gel
- Clear-O-Zym™ (1/2 pouch)
- lumaform® Repair Mask
- lumaform® Repair Cream

#### PREPARATION



1. Prepare the d.n.a. with Diacetyl Boldine ampoule: Twist the cap of the d.n.a. with Diacetyl Boldine ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Using an eye mask brush, apply the d.n.a. with Diacetyl Boldine ampoule on the most damaged areas. Proceed with targeted massage.
- b. Apply the remaining ampoule and proceed with full massage until product is completely absorbed.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



Using an eye mask brush, apply "C" Evolutive Eye Gel around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



- a. Apply lumaform® Repair Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



As a finishing touch, apply lumaform® Repair Cream Lift & Glow over face, neck, and décolleté.

# Oxygenate Skin – Luminous Repair Treatment

## Vitamin "C" with Oxyzomes Ampoule

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Hydrating Lotion
- Micro-Emulsion Massage Cream
- lumaform® Repair Mask
- Anti-Stress Eye Lotion
- Clear-O-Zym™ (1/2 pouch)
- Évolutive Eye Mask
- lumaform® Repair Cream
- Hydrating Cleanser
- Phyto-Gel Cleanser
- Vitamin "C" with Oxyzomes Ampoule

#### PREPARATION



1. Prepare the Vitamin "C" with Oxyzomes ampoule: Twist the cap of the Vitamin "C" with Oxyzomes ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Clear-O-Zym™: Cut paper pouch on both ends and remove both freeze-dried circles from pouch. Cut each circle in half, combine half of each in a product cup and add 1 teaspoon of tap water. Mix well. Set aside. Reserve the other two halves in the pouch for another treatment.

#### STEP 4



- a. Apply the Vitamin "C" with Oxyzomes ampoule all over face and neck. Concentrate on the most damaged areas. Massage until completely absorbed.
- b. Apply Micro-Emulsion Massage Cream. Proceed with massage. Blot off any excess.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with pads moist with Anti-Stress Eye Lotion. Blend the Clear-O-Zym™ well. Apply with a mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply steamer for 10 minutes. Wet your fingers with warm water and work the Clear-O-Zym™ under the steamer once or twice depending on the severity of the clogging.

#### STEP 6



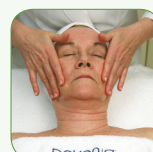
- a. Apply lumaform® Repair Mask over face and neck. Leave on for 10 minutes.
- b. Rinse Mask with pads wet with cool water.
- c. Follow with Hydrating Lotion.

#### STEP 3



- a. Remove Clear-O-Zym™ with pads wet with warm water. Squeeze the skin gently over the area where the Clear-O-Zym™ was applied, and then proceed with extractions, if needed. Extract gently without irritating the skin.
- b. Use Phyto-Gel Cleanser, followed by Hydrating Lotion to ensure that no Clear-O-Zym™ residue remains.

#### STEP 7



As a finishing touch, apply lumaform® Repair Cream over face, neck, and décolleté.



# Soothing Propolis Concentrate Ampoule Treatment

## Sensitive Skin with Redness Tendency

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- Propolis Concentrate Ampoule
- "C" Évolutive Eye Gel
- Soothing Sensitive Skin Mask

- Soothing Sensitive Skin Cream

#### PREPARATION



1. Prepare the Propolis Concentrate ampoule: Twist the cap of the Propolis ampoule off and empty the ampoule content in a cup. Set aside.

2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

#### STEP 4



Apply 3/4 of the Propolis Concentrate ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

#### STEP 1



##### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

##### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

#### STEP 5



Using an eye mask brush, apply "C" Evolutive Eye Gel around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



a. Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes.

b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

#### STEP 6



a. Apply the Soothing Sensitive Skin Mask in a thin layer all over face and neck. Leave mask on for 10 minutes.

b. Rinse mask with pads wet with cool water. Follow with Facial Lotion All Skin Types.

#### STEP 3



a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.

b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

#### STEP 7



Apply the remaining Propolis Concentrate ampoule all over face and neck. Massage gently until absorbed. Follow with the application of Soothing Sensitive Skin Cream.

# Rejuvenating Vitaminic Concentrate Ampoule Treatment

## Dry & Deeply Dehydrated Skin

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types
- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser
- Vitaminic Concentrate Ampoule
- Évolutive Eye Mask
- Rejuvenating Dry Skin Mask
- Rejuvenating Dry Skin Cream

#### PREPARATION



1. Prepare the Vitaminic Concentrate ampoule: Twist the cap of the Vitaminic Concentrate ampoule off and empty the ampoule content in a cup. Set aside.
2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

#### STEP 4



Apply 3/4 of the Vitaminic Concentrate ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Facial Cleanser All Skin Types, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

#### STEP 5



Using an eye mask brush, apply Évolutive Eye Mask around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



- a. Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes.
- b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

#### STEP 6



- a. Apply the Dry Skin Mask in a thin layer all over face and neck. Leave mask on for 10 minutes.
- b. Rinse mask with pads wet with cool water. Follow with Facial Lotion All Skin Types.

#### STEP 3



- a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.
- b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

#### STEP 7



Apply the remaining Vitaminic Concentrate ampoule all over face and neck. Massage gently until absorbed. Apply Dry Skin Cream all over face and neck. Massage gently until absorbed.

# Soothing Formula Ampoule Treatment – Express Relief

## Sensitive Skin with Visible Irritation

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymes Powder Mask
- Phyto-Gel Cleanser

- Soothing Formula Ampoule
- "C" Évolutive Eye Gel
- Soothing Sensitive Skin Mask

- Soothing Sensitive Skin Cream

#### PREPARATION



1. Prepare the Soothing Formula ampoule: Twist the cap of the Soothing Formula ampoule off and empty the ampoule content in a cup. Set aside.

2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

#### STEP 4



Apply 3/4 of the Soothing Formula ampoule all over face and neck. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

#### STEP 1



##### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

##### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

#### STEP 5



Using an eye mask brush, apply "C" Evolutive Eye Gel around the eyes, 1/4 of an inch away from lashes. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion. Make sure eye pads adhere completely to the skin.

#### STEP 2



a. Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Apply prepared Enzymes Powder Mask mixture with mask brush over face and neck, 1/2 an inch away from eyes.

b. Apply the steamer; leave on for 5-10 minutes, according to skin type. Remove Enzymes Powder Mask with pads moist with warm water. Proceed with gentle extractions, if needed.

#### STEP 6



a. Apply the Soothing Sensitive Skin Mask in a thin layer all over face and neck. Leave mask on for 10 minutes.

b. Rinse mask with pads wet with cool water. Follow with Facial Lotion All Skin Types.

#### STEP 3



a. Use Phyto-Gel Cleanser to remove any residue of Enzymes Powder Mask. Remove the Phyto-Gel Cleanser with dry pads first, then with moist pads, making sure that all Enzymes residue is removed.

b. Wipe the skin with pads moist with Facial Lotion All Skin Types.

#### STEP 7



Apply the remaining Soothing Formula ampoule all over face and neck. Massage gently until absorbed. Follow with the application of Soothing Sensitive Skin Cream.



# Aromatherapy Face Treatment

## Therapy for Face, Body, and Spirit: All Skin Types

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Facial Cleanser All Skin Types

- Facial Lotion All Skin Types
- Enzymo-Sphérides® Peeling Cream
- Phyto-Gel Cleanser

- Aromatherapy Face Oil\*
- "C" Évolutive Eye Gel
- Face Mask\*

- Care Cream\*
- \*According to skin type

## STEP 1



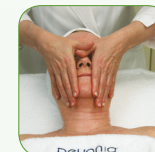
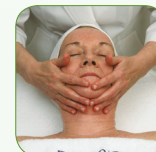
### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

### b. Face Cleansing

- Apply Facial Cleanser All Skin Types, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

## STEP 5



- Put a few drops of the Aromatherapy Essential Oil of your choice on the palm of your hand.
- Apply Aromatherapy Essential Oil over face, neck, and décolleté. Choose essential oils according to skin type: Dry, Devalitized Skin, Sensitive Skin,

and Combination to Oily Skin.

- Proceed with massage. Any massage method can be performed. The best recommended method would be a specific aromatherapy massage following the lymphatic pathway.

## STEP 2



- Apply the Enzymo-Sphérides® Peeling Cream all over the face and neck, 1/2 an inch away from eyes. Apply the Peeling Cream until you spread it completely over the entire skin surface. Wet your fingertips with warm water and gently work the

- Peeling Cream. Leave peeling on skin for 3 minutes.
- Wet your fingers with warm water and work the peeling one more time. Remove the peeling thoroughly with pads wet with warm water.

## STEP 6



- Using an eye mask brush, apply "C" Évolutive Eye Gel around the eyes. Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Apply face mask according to skin type. Leave on for 10 minutes.

- Rinse with cool water. Follow with Facial Lotion All Skin Types.

## STEP 3



- Foam a small quantity of Phyto-Gel Cleanser between wet palms. Apply on face and neck, work it gently. Remove with pads wet with warm water.

- Wipe skin with any Pevonia Lotion, according to skin type, blot the skin dry.

## STEP 7



Apply Care Cream according to skin type over face, neck, and décolleté.

## STEP 4



Cover eyes with eye pads moist with Anti-Stress Eye Lotion. Apply the aroma-steamer for 5 to 8 minutes, according to skin type. You can easily transform your steamer from a regular steamer to an aroma-steamer. Moisten the sponge

wick with an essential oil and place it in the nozzle of the steamer. Choose any Pevonia Face Essential Oil for this procedure.

# lumaform® Lift & Glow Eye Contour Treatment

## Visual Step-By-Step Protocol

### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser
- Hydrating Lotion
- lumaform® Eye Contour
- lumaform® Freeze-Dried (1/2 Disc)
- lumaform® Repair Cream

### PREPARATION



1. Prepare lumaform® Freeze-Dried Solution: Remove Freeze-Dried Disc from box, open seal, and cut Freeze-Dried in half. Place in a cup, add 1/2 teaspoon of cool water, and mix well until Freeze-Dried dissolves. Set aside. Place remaining

- half of Freeze-Dried in plastic tray and cover with foil. Put back in box for second treatment.
2. Place a small quantity of the lumaform® Eye Contour in a cup. Set aside.
3. Fill a cup with cool water. Set aside.

### STEP 4



Apply lumaform® Eye Contour around the eyes, 1/4 inch from lashes. Cover "crows feet".

### STEP 1



#### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

#### b. Face Cleansing

- Apply Hydrating Cleanser, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

### STEP 5



Apply eye pads moist with Anti-Stress Eye Lotion. Leave on for 10 minutes.

### STEP 2



Using eye mask brush, apply the Freeze-Dried solution around the eyes covering entire eye contour, including "crows feet", 1/4 inch away from lashes.

### STEP 6



Remove pads. Wipe off excess damp lumaform Eye Contour with same pads, blot dry eyes.

### STEP 3



Spread the Freeze-Dried around the eyes and wet your fingers with the prepared water. Proceed with massage. Keep wetting your fingers and massaging until all Freeze-Dried solution is completely absorbed.

### STEP 7



Apply a small quantity of lumaform® Eye Contour around the eyes. As a final touch, apply a small quantity of lumaform® Repair Cream all over face and neck.

#### NOTE

This professional treatment is recommended as an individual treatment or as a series once a week for six weeks.

# De-Stress Eye Treatment - Eye Wrinkles w/ Collagen Cryo

## All Skin Types

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser
- Hydrating Lotion
- De-Stress Eye Treatment - Eye Wrinkles (1 treatment) consisting of: - Collagen Cryo Ampoule
- Power Repair® Eye Contour

#### PREPARATION



1. Prepare the Collagen Cryo Ampoule: Remove the metal seal carefully, then remove the plastic cap. Empty the powder in a cup, tapping the ampoule to make sure that all of the powder has emptied out. Add 1/2 teaspoon of cool water. Mix thoroughly until

2. Prepare Eye Pads: Cut 2 oversize eye pads. Soak in cold water. Set aside.

#### STEP 4



Remove eye pads.

#### STEP 1



##### a. Eye Cleansing

- Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
- Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.

##### b. Face Cleansing

- Apply Hydrating Cleanser, work it gently.
- Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



Apply a small amount of Power Repair® Eye Contour. Massage gently until absorbed.

#### STEP 2



Apply the prepared Collagen Cryo Gel around the eyes, using the eye mask brush, covering all the eye contour, including "crows feet", 1/4 of an inch away from lashes.

#### STEP 3



Cover Collagen Cryo with the prepared eye pads moist with cool water. Leave on for 10 minutes. Pads should be applied at once over Collagen Cryo and should adhere completely to it. Keep Collagen Cryo moist in contact with skin.

#### NOTE

- If you are performing this eye treatment in conjunction with a face treatment: cleanse the face, peel, steam, extract, aseptisize, massage, then proceed with the De-Stress Eye Treatment-Wrinkles. At the end of the treatment, apply appropriate face mask while the Collagène Cryo Mask is on.



# De-Stress Eye Treatment - Eye Puffiness w/ Ginkgo Biloba

## All Skin Types

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Hydrating Cleanser
- Hydrating Lotion
- De-Stress Eye Treatment - Eye Puffiness (1 treatment) consisting of: - Ginkgo Biloba Sheet Mask
- 'C' Évolutive Eye Gel

#### PREPARATION



1. Prepare the Mask: Take 1 Eye Mask from the box. Set aside.
2. Prepare the Moistening Solution: Place 3 tablespoons of Anti-Stress Eye Lotion in a cup and add one ice cube. Set aside.
3. Prepare Eye Pad: Prepare a 1-piece eye pad with the same length as the eye mask. Fold in two for easy measurement. Soak in ice-cold water.

#### STEP 4



Apply eye pads wet with ice-cold water over sheet eye mask. Press to ensure eye pads adhere to sheet eye mask. Leave on for 10 minutes.

#### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

#### STEP 5



- a. Remove sheet eye mask and eye pads simultaneously.
- b. Apply "C" Évolutive Eye Gel. Massage gently until absorbed.

#### STEP 2



- a. Moisten the eyelids with a cotton pad moist with the prepared solution.
- b. Apply mask sheet on the eyes.

#### STEP 3



Using the same moist cotton pad and solution, press gently against the mask to moisten it completely and make it adhere to skin.

#### NOTE

- If you are performing this eye treatment in conjunction with a face treatment: cleanse the face, peel, steam, extract, aseptisize, massage, then proceed with the De-Stress Eye Treatment-Puffiness. At the end, apply face mask while the sheet mask is on.
- For outstanding results, it is recommended to perform the De-Stress Eye Treatment - Eye Wrinkles first, then follow with the De-Stress Eye Treatment - Puffiness.

# Youthful Lip Smoothing Mask Treatment w/ Retinol

## Visual Step-By-Step Protocol

### PRODUCTS NEEDED

- Eye Make-up Remover
- Anti-Stress Eye Lotion
- Phyto-Aromatic Mist
- Hydrating Cleanser
- Hydrating Lotion
- Phyto-Gel Cleanser
- Youthful Lip Smoothing Treatment with Retinol (1 treatment) consisting of:
  - Retinol Sheet Mask
- Collagen Polyp. w/Myoxy-Caviar® Amp.
- Enzymo-Sphérides® Peeling Cream
- Age-Defying Marine Collagen Cream

### PREPARATION



1. Prepare the Mask: Take 1 Lip Contour Mask from the box. Set aside.
2. Prepare the Collagen Polypeptides with Myoxy-Caviar® Ampoule: Twist the cap of the Collagen Polypeptides with Myoxy-Caviar® ampoule off and empty the ampoule content in a cup. Set aside.
3. Prepare the Moistening Solution: Mix 2 tablespoons of water with 2 tablespoons of Phyto-Aromatic Mist. Set aside.

### STEP 4



- a. Apply 3/4 of the Collagen Polypeptides with Myoxy-Caviar® ampoule around the lips and the nasolabial area.
- b. Massage until completely absorbed. Keep the remaining product for the end of the treatment.

### STEP 1



- a. Eye Cleansing
  - Moisten a cotton pad with the Eye Make-up Remover: remove eye make-up gently.
  - Moisten a cotton pad with the Anti-Stress Eye Lotion and wipe eyelids.
- b. Face Cleansing
  - Apply Hydrating Cleanser, work it gently.
  - Lift off the Cleanser with pads wet with warm water. Follow with Hydrating Lotion.

### STEP 5



- a. Using a cotton pad wet with the prepared moistening solution, wet the skin around the lips covering nasolabial lines and chin. Take 1 Lip Smoothing Mask and apply on skin: velvety side down and gauze side facing you. The Mask will adhere to skin covering lips and the entire lower, center area of the face.
- b. Using the same cotton damp with same moistening solution, wet mask thoroughly until it completely adheres. Leave on for 10 minutes.

### STEP 2



- a. Apply the Enzymo-Sphérides® Peeling Cream on lip contour and surrounding lip area (nasolabial lines, chin, entire lower center of the face).
- b. Wet your fingers with warm water and work the Peeling Cream gently. Leave peeling on skin for 3 minutes. Wet your fingers with warm water and work the Peeling Cream one more time.
- c. Remove the Peeling Cream thoroughly with pads wet with warm water.

### STEP 6



- a. Remove mask. Do not wipe skin.
- b. Apply the remaining Collagen Polypeptides with Myoxy-Caviar® Ampoule. Massage until absorbed.
- c. Apply a small quantity of Age-Defying Marine Collagen Cream. Massage gently until absorbed.

### STEP 3



- a. Foam a small quantity of Phyto-Gel Cleanser between wet palms. Apply on lip contour, work it gently.
- b. Remove with pads wet with warm water.
- c. Wipe the skin with Hydrating Lotion.

# SkinFit Mask Treatment Visual Step-By-Step Protocol

## PRODUCTS NEEDED

- Aqua-Gel Foaming Cleanser
- Facial Lotion All Skin Types
- Enzymes Powder Mask

- Anti-Stress Eye Lotion
- Age-Defying Myoxy-Caviar® Balm

- SkinFit Mask (1 treatment) consisting of:
  - Escutox® Freeze Dried
  - SkinFit Myoxy-Caviar® Repair Mask
  - SkinFit Myoxy-Caviar® Powder Mask

### PREPARATION



1. Prepare Escutox® Freeze-Dried: Open one pouch of Escutox® Freeze-Dried. Cut the circle in two, and then cut crisscross in 4 small quarters. Place the pieces in a small cup. Add 1 tablespoon of cool water. Mix well until a smooth gel is obtained. Set aside.
2. Prepare the Enzymes Powder Mask: Mix 1/2 teaspoon of the Enzymes Powder Mask with a small quantity of warm water until a creamy mixture is obtained. Set aside.

### STEP 4



Measure 1½ teaspoons of SkinFit Myoxy-Caviar® Repair Mask and apply over face and neck, 1/4 inch away from eyes. Leave mask on for 10 minutes. Rinse with cool water. Blot dry. Cover eyes and eyebrows with eye pads moist with Anti-Stress Eye Lotion.

### STEP 1



Foam a small quantity of Aqua-Gel Foaming Cleanser between wet palms and cleanse the skin. Remove cleanser with pads wet with warm water. Follow with Facial Lotion All Skin Types.

### STEP 5



### STEP 6



- a. Empty one powder pouch of SkinFit Myoxy-Caviar® Powder Mask into a plastic bowl. Add 1/3 of a cup of cool water to the powder, mix well until creamy. Apply the mask with a spatula in an even, medium thickness, covering face and neck.
- b. Leave mask on for 10 minutes. To remove the SkinFit Mask, release the edges of the mask and lift-off in one piece.

### STEP 2



- a. Cover eyes with eye pads moist with Anti-Stress Eye Lotion.
- b. Apply the Enzymes Powder Mask with mask brush all over nose, upper cheeks, and forehead, 1/2 an inch away from eyes.
- c. Apply steamer; leave on for 5-10 minutes according to skin type.
- d. Remove Enzymes Powder with pads moist with warm water.

### STEP 7



- a. Remove mask residue, if any.
- b. Wipe the skin with cool water and then follow with Facial Lotion All Skin Types.

### STEP 3



- a. Apply Aqua-Gel Foaming Cleanser.
- b. Remove Aqua-Gel Foaming Cleanser with dry pads first, then with pads moist with warm water. Follow with Facial Lotion All Skin Types.
- c. Mix the prepared Escutox® Freeze-Dried thoroughly and apply over face and neck. Proceed with massage. You will have the ability to massage for any length of time. To facilitate hand motion, keep Escutox® moist with water. Massage 8-10 minutes.

### STEP 8



As a final step, apply the Age-Defying Myoxy-Caviar® Balm around the eyes and all over face and neck.



pevonia®

# TECHNICAL MANUAL

Body Treatments

Step-By-Step  
Protocols



# Full Body Polish Treatment

## Skin Refining Body Scrub

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Silky Skin Body Scrub
- Preserve Body Moisturizer
- Tension Relief Gel

#### ACCESSORIES NEEDED

- Rubber Bowl
- Table Sheet
- Towels
- Two Plastic Sheets

**PREPARATION** Prepare 2 tablespoons of Silky Skin Body Scrub in a rubber bowl.

## STEP 4

Do not forget to peel or scrub rough areas such as elbows, knees, and heels thoroughly.  
Once the front side is polished and the skin is wiped clean, remove the second plastic sheet with all residue from under client.

## STEP 1

Prepare the table with table sheet, double plastic sheet, and a large towel to cover your client. Ask your client to lie on her/his stomach.

## STEP 5

As a final step, apply the Tension Relief Gel over back and calves, and the Preserve Body Moisturizer over the rest of the body.

## STEP 2

Apply small quantities of the Silky Skin Body Scrub and work firmly, but gently, using strokes directed toward the upper body. Work the Scrub, wetting your hands with warm water.  
When you finish working the entire back side, wipe the skin with a small towel wet with warm water.  
Fold the edge of the first plastic sheet and roll it underneath the client to get rid of any granules. The client will be lying on a clean plastic sheet.

#### NOTE

- If the client's skin has a thick texture, the Pevonia Silky Skin Body Scrub can be worked with a body brush or a Loofah.
- If a shower is available, proceed with polishing both sides of the body, then let the client rinse off under the shower.
- If a wet table is available, proceed with polishing both sides of the body, then rinse client with handheld shower.

## STEP 3

Ask your client to turn on her/his back. Repeat same procedure on front side.

#### TREATMENT BENEFITS

- Removes impurities and rough skin
- Refines the epidermis
- Stimulates blood circulation without harming fine capillaries
- Renders the skin soft and silky smooth

# Salt Glow Exfoliating Treatment

## Skin Refining Body Scrub

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Mystique Escape Bath Salts
- Hydrosoluble Aromatherapy Bath Oil "Anti-Stress"
- Tension Relief Gel
- Preserve Body Moisturizer

#### ACCESSORIES NEEDED

- Flat Plate
- Plastic Bottle Applicator
- Table Sheet
- Two Plastic Sheets
- Towels

#### PREPARATION

1. Put 1 tablespoon of Mystique Escape Salts on a flat plate.
2. Aromatic Water: Mix 1/2 a teaspoon of Hydrosoluble Aromatherapy Bath Oil "Anti-Stress" in a plastic bottle applicator with 2 ounces of warm water.

## STEP 4

Repeat same procedure on front side. Do not forget to scrub thoroughly rough areas, such as elbows, knees, and heels.

## STEP 1

Prepare the table with table sheet, double plastic sheet, and a large towel to cover your client. Ask your client to lie on her/his stomach.

## STEP 5

As a final step, apply Tension Relief Gel on back and calves. Apply Preserve Body Moisturizer over the remaining areas.

## STEP 2

Wet hands with aromatic water and pick up Bath Salts, then apply on half of the back side area. Perform scrub with wet hands on half of back area by adding warm aromatic water numerous times during the treatment until salts are completely dissolved. Work firmly, using strokes directed towards the upper body.

The scrub application should be systematic, from the soles of the feet to the neck. When you finish, wipe skin clean with a towel moistened with warm water.

#### NOTE

- If the client's skin has a thick texture, the Pevonia Salt Glow can be worked with a body brush or a Loofah.
- If a shower is available, proceed with polishing both sides of the body, then let the client rinse off under the shower.
- If a wet table is available, proceed with polishing both sides of the body, then rinse client with handheld shower.

## STEP 3

When you finish entire back side, remove one plastic sheet with all residue from under the client. Ask client to turn on her/his back.

#### TREATMENT BENEFITS

- Exfoliates dead cells and cleanses the skin
- Leaves the skin soft, smooth, mineralized, and revitalized
- Stimulates and improves skin tone
- Aromatherapy treatment



# Silky Skin Seaweed Body Scrub Treatment

## Refining and Mineralizing

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Silky Skin Body Scrub
- Micronized Algae for Body Wrap

- Preserve Body Moisturizer
- Tension Relief Gel

#### ACCESSORIES NEEDED

- Rubber Bowl
- Table Sheet
- Towels
- Plastic Sheet

#### PREPARATION

Prepare the Seaweed Body Scrub: Mix 1 tablespoon of Micronized Algae Powder with 2 tablespoons of Silky Skin Body Scrub. Mix until you get a smooth, creamy consistency.

## STEP 4

Once the front side is polished and the skin is wiped clean, remove the second plastic sheet with all residue from under client.

## STEP 1

Prepare the table with table sheet, then two plastic sheets and a large towel to cover your client.  
Ask your client to lie on her/his stomach.

## STEP 5

As a final step, apply the Tension Relief Gel over back and calves, and the Preserve Body Moisturizer over the rest of the body.

## STEP 2

Apply small quantities of the Scrub mixture and work firmly, but gently, using strokes directed toward the upper body. Work the Scrub, wetting your hands with warm water.  
When you finish working the entire back side, wipe the skin with a small towel wet with warm water.  
Fold the edge of the first plastic sheet and roll it underneath the client to get rid of any granules. The client will be lying on a clean plastic sheet.

#### NOTE

- If the client's skin has a thick texture, the Pevonia Silky Skin Body Scrub can be worked with a body brush or a Loofah.
- If a shower is available, proceed with polishing both sides of the body, then let the client rinse off under the shower.
- If a wet table is available, proceed with polishing both sides of the body, then rinse client with handheld shower.

## STEP 3

Ask your client to turn on her/his back. Follow the same procedure on the front side.  
Do not forget to peel or scrub rough areas such as elbows, knees, and heels thoroughly.

#### TREATMENT BENEFITS

- Removes impurities and rough skin
- Refines the epidermis
- Stimulates blood circulation without harming fine capillaries
- Mineralizing

# Saltmousse-Glow Full Body Exfoliating Treatment

## Papaya-Pineapple

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- De-Aging Body Balm Papaya-Pineapple
- De-Aging Saltmousse Papaya-Pineapple

#### ACCESSORIES NEEDED

- Table Sheet
- Two Plastic Sheets
- Towels
- Rubber Bowl

#### PREPARATION

1. Place 1 ounce (30 ml) of De-Aging Saltmousse Papaya-Pineapple in a rubber bowl.
2. Prepare Table: Table sheet, then drape two plastic sheets, and a large towel to cover your client.

## STEP 4

Once the front side is polished and the skin is wiped clean, remove the second plastic sheet containing all residue from under the client.

## STEP 1

Ask your client to lie on her/his stomach. Apply a thin layer of the De-Aging Saltmousse Papaya-Pineapple and spread all over the skin; wet your hands with warm water. Work the Saltmousse using strokes directed towards the upper body, adding warm water throughout the scrubbing process until the salt granules soften and dissolve and a mousse appears. Once you finish working the entire back, wipe the skin with a small towel wet with warm water.

Fold the edge of the first plastic sheet and roll it underneath the client to get rid of any granules. The client will be lying on a clean plastic sheet.

## STEP 5

As a final step, apply a small quantity of the De-Aging Body Balm Papaya-Pineapple all over the body.

## STEP 2

Ask your client to turn on her/his back. Repeat same procedure on front side.

#### NOTE

- If a shower is available, proceed with polishing both sides of the body, then ask client to rinse off under the shower.
- If a wet table is available, proceed with polishing both sides of the body, then rinse client with handheld shower.

## STEP 3

Thoroughly peel or scrub rough areas such as elbows, knees, and heels.

#### TREATMENT BENEFITS

- Eliminates dead cells and impurities
- Refines the epidermis
- Releases negative ions
- Reenergizes the skin
- Renders the skin soft and silky

# De-Aging Papaya-Pineapple Crème Fraîche Body Wrap Trtmt.

## Tropical Escape

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Papaya-Pineapple Crème Fraîche Body Wrap
- De-Aging Body Balm Papaya-Pineapple

#### ACCESSORIES NEEDED

- Blanket
- Space Blanket
- Plastic Sheet
- Towels
- Product Cups
- Rubber Gloves

#### PREPARATION

1. Prepare in separate product cups .7 oz (20 ml) of De-Aging Body Balm Papaya-Pineapple and 3 oz (90 ml) of Papaya-Pineapple Crème Fraîche Body Wrap.
2. Prepare Table: Blanket, space blanket, and plastic sheet.

#### STEP 4

Let the client rinse off under the shower. Towel dry. If a shower is unavailable, wipe-off excess wrap with a warm wet towel.

#### STEP 1

Apply De-Aging Body Balm Papaya-Pineapple all over client's body by section; massage until absorbed.

#### STEP 5

Ask your client to return and lie face down on the table. As a final step, apply a small quantity of De-Aging Body Balm Papaya-Pineapple all over the body.

#### STEP 2

Wearing rubber gloves, with your client lying on her/his side facing away from you, apply a thin, even layer of Crème Fraîche Body Wrap all over her/his back by hand.  
Ask your client to turn on her/his back and apply a thin, even layer of Crème Fraîche body wrap all over front area.

#### NOTE

- For best results, the Saltmousse-Glow Papaya-Pineapple Full Body Exfoliating Treatment is highly recommended before the Papaya-Pineapple Crème Fraîche Body Wrap.
- This treatment can be performed on localized parts of the body or on the entire body.

#### STEP 3

Wrap the client with the plastic sheet, space blanket, and blanket. Make sure the plastic sheet adheres completely to the skin. Keep the client wrapped for 15 minutes.

#### TREATMENT BENEFITS

- Repairing, Anti-aging
- Wrinkle smoothing
- Counteracts premature aging
- Rejuvenating



# Saltmousse-Glow Full Body Exfoliating Treatment

## Mango-Passion Fruit

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- De-Aging Body Balm Mango-Passion Fruit
- De-Aging Saltmousse Mango-Passion Fruit

#### ACCESSORIES NEEDED

- Table Sheet
- Two Plastic Sheets
- Towels
- Rubber Bowl

#### PREPARATION

1. Place 1 ounce (30 ml) of De-Aging Saltmousse Mango-Passion Fruit in a rubber bowl.
2. Prepare Table: Table sheet, then drape two plastic sheets, and a large towel to cover your client.

## STEP 4

Once the front side is polished and the skin is wiped clean, remove the second plastic sheet containing all residue from under the client.

## STEP 1

Ask your client to lie on her/his stomach. Apply a thin layer of the De-Aging Saltmousse Mango-Passion Fruit and spread all over the skin; wet your hands with warm water. Work the Saltmousse using strokes directed towards the upper body, adding warm water throughout the scrubbing process until the salt granules soften and dissolve and a mousse appears.

Once you finish working the entire back, wipe the skin with a small towel wet with warm water.

Fold the edge of the first plastic sheet and roll it underneath the client to get rid of any granules. The client will be lying on a clean plastic sheet.

## STEP 5

As a final step, apply a small quantity of the De-Aging Body Balm Mango-Passion Fruit all over the body.

## STEP 2

Ask your client to turn on her/his back. Repeat same procedure on front side.

#### NOTE

- If a shower is available, proceed with polishing both sides of the body, then ask client to rinse off under the shower.
- If a wet table is available, proceed with polishing both sides of the body, then rinse client with handheld shower.

## STEP 3

Thoroughly peel or scrub rough areas such as elbows, knees, and heels.

#### TREATMENT BENEFITS

- Eliminates dead cells and impurities
- Refines the epidermis
- Releases negative ions
- Reenergizes the skin
- Renders the skin soft and silky

# De-Aging Yogurt Body Wrap Treatment w/ Mango-Passion Fruit

## Tropical Oasis

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Mango-Passion Fruit Yogurt Body Wrap
- De-Aging Body Balm Mango-Passion Fruit

#### ACCESSORIES NEEDED

- Blanket
- Space Blanket
- Plastic Sheet
- Towels
- Product Cups
- \* Rubber Gloves

#### PREPARATION

1. Prepare in separate product cups .7 oz (20 ml) of De-Aging Body Balm Mango-Passion Fruit and 3 oz (90 ml) of Mango-Passion Fruit Yogurt Body Wrap .
2. Prepare Table: Blanket, space blanket, and plastic sheet.

## STEP 4

Let the client rinse off under the shower. Towel dry. If a shower is unavailable, wipe-off excess wrap with a warm wet towel.

## STEP 1

Apply De-Aging Body Balm Mango-Passion Fruit all over client's body by section; massage until absorbed.

## STEP 5

Ask your client to return and lie face down on the table. As a final step, apply a small quantity of De-Aging Body Balm Mango-Passion Fruit all over the body.

## STEP 2

Wearing rubber gloves, with your client lying on her/his side facing away from you, apply a thin, even layer of yogurt body wrap all over her/his back by hand.

Ask your client to turn on her/his back and apply a thin, even layer of yogurt body wrap all over front area.

#### NOTE

- For best results, the Saltmousse-Glow Mango-Passion Fruit Full Body Exfoliating Treatment is highly recommended before the Mango-Passion Fruit Yogurt Body Wrap.
- This treatment can be performed on localized parts of the body or on the entire body.

## STEP 3

Wrap the client with the plastic sheet, space blanket, and blanket. Make sure the plastic sheet adheres completely to the skin. Keep the client wrapped for 15 minutes.

#### TREATMENT BENEFITS

- Repairing, anti-aging
- Firming, invigorating
- Evens skin tone
- Rejuvenating

# lumafirm® Body Treatment

## Firm and Glow

### Visual Step-By-Step Protocol

#### PRODUCTS NEEDED

- lumafirm® Body Treatment (1 box) consisting of 4 product pouches:
  1. Body Elixir
  2. Micro-Release Massage Gel
  3. lumafirm® Body Wrap
  4. lumafirm® Body Moisturizer

#### ACCESSORIES NEEDED

- Blanket
- Space Blanket
- Plastic Sheet
- Towels
- Rubber Bowl
- 4 Cups

#### PREPARATION

1. Prepare one box of lumafirm® Body Treatment: Empty all 4 pouches into 4 separate cups. Set aside.
2. Prepare Table: Blanket, space blanket, and plastic sheet.

## STEP 4

Wrap the client with the plastic sheet, space blanket, and blanket. Make sure the plastic sheet adheres completely to the skin. Place a knee roll underneath the knees and a cold washcloth on the client's forehead. Keep the client wrapped for 15 minutes.  
**NOTE:** Do not use a heat blanket for the lumafirm® treatment.

## STEP 1

Apply the Body Elixir (#1) all over the body, focusing on areas showing signs of aging. Massage thoroughly until absorbed.

## STEP 5

Let the client rinse off under the shower with lukewarm water. Towel dry. If a shower is unavailable, wipe-off excess wrap with a lukewarm wet towel.

## STEP 2

Apply Micro-Release Massage Gel (#2). Massage all over the body, concentrating on areas with evident signs of aging. The formula's breakthrough heat sensing technology reacts to the skin's temperature and activates upon contact. The formula acts as a release agent to transform the gel into an oil rich with repairing active ingredients. Continue to massage until the skin's overall texture looks lustrous and radiant.

## STEP 6

Ask your client to return and lie face down on the table. As a final step, apply a small quantity of lumafirm® Body Moisturizer (#4) all over the body, back and front.

## STEP 3

With your client lying on her/his side facing away from you, apply the lumafirm® Body Wrap (#3) all over her/his back by hand. Ask your client to turn on her/his back and apply a thin, even layer all over front area.

#### NOTE

- For best results, the Full Body Polish Treatment is highly recommended before the lumafirm® Body Treatment.
- This treatment can be performed on localized parts of the body or on the entire body.

#### TREATMENT BENEFITS

- Firming, Anti-aging
- Wrinkle smoothing
- Deeply hydrating
- Brings radiance & glow



# Cellu-Smooth Green Coffee Wrap Trtmt. Anti-Cellulite & Rejuvenating Step-By-Step Protocol

## PRODUCTS NEEDED

- Cellulite Activating Gel
- Green Coffee Concentrate
- Micronized Green Coffee Powder (Body Wrap)

- Smooth & Tone Body-Svelt Cream
- Tension Relief Gel
- Preserve Body Moisturizer

## ACCESSORIES NEEDED

- Space Blanket
- CosmoSlim Heat Blanket
- Plastic Sheet
- Blanket
- Rubber Gloves
- Rubber Bowl
- Wooden Spatula

### PREPARATION

1. Mix 1/2 of a cup of Micronized Green Coffee Powder for body wrap with 3/4 of a cup of warm water until a creamy mixture is obtained. Cover and keep warm in a hot water bath.
2. Prepare Table: Blanket, space blanket, and plastic sheet. If you have a CosmoSlim Heat Blanket, use it instead of the blanket and space blanket.

## STEP 4

Open wrap and have client rinse off under shower.  
Towel client dry.

## STEP 1

Apply a small quantity of Cellulite Activating Gel on client's cellulitic areas. Massage quickly into the skin, then wash your hands immediately and thoroughly.

## STEP 5

Massage client's cellulitic areas with a generous quantity of Smooth & Tone Body-Svelt Cream. Massage until absorbed.  
Apply Tension Relief Gel on client's back and calves. Apply Preserve Body Moisturizer all over remaining areas of body.

## STEP 2

Apply Green Coffee Concentrate on same areas by hand. Massage gently until completely absorbed.

### NOTE

- This treatment can be performed as a localized treatment for cellulitic areas only.
- If you are using the CosmoSlim Heat Blanket, use on warm with moderate heat.
- If the client's skin needs exfoliation before treatment, the Silky Skin Body Scrub is highly recommended.

## STEP 3

Add one ounce of hot water to the prepared Green Coffee mixture, rendering the texture fluid/creamy, and warmer.  
Using rubber gloves, apply mixture evenly all over body.  
Wrap the client with plastic sheet, space blanket, then blanket. Slightly elevate the head of the client and place a knee roll under the knees.  
Place a small, cold towel on the client's forehead.  
Keep client wrapped for 20 minutes.

### TREATMENT BENEFITS

- Controls fat infiltration
- Releases and eliminates toxins
- Stimulates fat splitting lipolysis
- Activates fat dissolution
- Hydrates and rejuvenates
- Slims and firms

# Hydra-Sea Seaweed Wrap Treatment

## Detoxifying, Mineralizing, Toning

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Cellulite Activating Gel
- Micronized Algae for Body Wrap
- Mystique Escape Bath Salts

- Tension Relief Gel
- Preserve Body Moisturizer

#### ACCESSORIES NEEDED

- Space Blanket
- CosmoSlim Heat Blanket
- Plastic Sheet
- Blanket
- Rubber Bowl
- Wooden Spatula
- Rubber Gloves

#### PREPARATION

1. Prepare the Seaweed: Mix 2 tablespoons of Mystique Escape Bath Salts with 3/4 of a cup of warm water (work the salts between your fingertips to dissolve them faster). Mix 1/2 of a cup of Micronized Algae (Body Wrap) with the prepared warm water until a creamy mixture is obtained. Cover and keep warm in a hot water bath.
2. Prepare Table: Blanket, space blanket, and plastic sheet. If you have a CosmoSlim Heat Blanket, use it instead of the blanket and space blanket.

## STEP 4

Open wrap and have client rinse off under shower. Towel client dry.

## STEP 1

Apply a small quantity of Cellulite Activating Gel on client's cellulitic areas. Massage quickly into the skin, then wash your hands immediately and thoroughly.

## STEP 5

Apply Tension Relief Gel on back and calves. Apply Preserve Body Moisturizer all over remaining areas.

## STEP 2

Wearing rubber gloves, apply the Seaweed mixture in a thin layer all over the body by hand.

#### NOTE

- This treatment can be performed on localized parts of the body or on the entire body.
- If you are using the CosmoSlim Heat Blanket, use on warm with moderate heat.
- If the client's skin needs exfoliation before treatment, the Silky Skin Seaweed Body Scrub is highly recommended.

## STEP 3

Wrap the client with plastic sheet, space blanket, then blanket. Slightly elevate the head of the client and place a knee roll under the knees. Place a small, cold towel on the client's forehead. Keep client wrapped for 20 minutes.

#### TREATMENT BENEFITS

- Smoothes orange peel skin
- Activates blood circulation
- Detoxifies
- Mineralizes and moisturizes

# Youth Recall Moor Wrap Treatment

## Healing, Toning, Rejuvenating

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Aromatic Moor
- Micro-Emulsified Massage Oil "Anti-Stress"
- Tension Relief Gel
- Preserve Body Moisturizer

#### ACCESSORIES NEEDED

- Table Sheet
- Blanket
- Space Blanket
- CosmoSlim Heat Blanket
- Plastic Sheet
- Rubber Mixing Bowl
- Rubber Gloves
- Towels

#### PREPARATION

1. Prepare Moor: Pour 3/4 of a cup in rubber mixing bowl. Keep warm in a hot water bath.
2. Prepare Table: Blanket, space blanket, and plastic sheet. If you have a CosmoSlim Heat Blanket, use it instead of the blanket and space blanket.

## STEP 4

Ask your client to return and lie face down on the table. Apply Micro-Emulsified Massage Oil "Anti-Stress" on the whole back area. Lightly massage until absorbed, or proceed with full body massage or any type of partial massage.

## STEP 1

Have your client lie on her/his side facing away from you. Wearing rubber gloves, apply a thin, even layer of Moor all over her/his back by hand.

## STEP 5

If you are not including a massage, finish the treatment by applying Tension Relief Gel on the back and calves of the client. Apply Preserve Body Moisturizer all over remaining areas.

## STEP 2

Ask your client to turn on her/his back and apply a thin, even layer of Moor all over front area.  
Wrap the client with the plastic sheet, space blanket, and blanket.  
Keep the client wrapped for 20 minutes.

#### NOTE

- This treatment can be performed on localized parts of the body or on the entire body.
- If you are using the CosmoSlim Heat Blanket, use on warm with moderate heat.
- If the client's skin needs exfoliation before treatment, the Silky Skin Body Scrub is highly recommended.

## STEP 3

Let client rinse off under the shower. Towel dry.

#### TREATMENT BENEFITS

- Helps muscular tension, aches, cramps, athletic and articular pain
- Toning and rejuvenating
- Anti-fatigue and anti-stress
- Helps relieve pain from rheumatism and arthritis

# Ancient Remedy Moroccan Rassoul Wrap Treatment

## A Journey to Ultimate Beauty and Wellness

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Rassoul Body Wrap
- Preserve Body Moisturizer
- Tension Relief Gel

#### ACCESSORIES NEEDED

- Table Sheet
- Blanket
- Space Blanket
- CosmoSlim Heat Blanket
- Plastic Sheet
- Rubber Mixing Bowl
- Plastic Bowl
- Rubber Gloves
- Towels
- Wooden Spatula

#### PREPARATION

1. Prepare Rassoul: Mix 1 cup of Rassoul powder with 1-1/2 cups of hot water, until a creamy mixture is obtained. Cover and let sit, keeping it warm in a hot water bath.
2. Prepare Table: Blanket, space blanket, and plastic sheet. If you have a CosmoSlim Heat Blanket, use it instead of the blanket and space blanket.

## STEP 4

Open wrap, then have client rinse under shower.  
Towel-dry client.

## STEP 1

Make sure the client is ready and lying on the prepared table.  
Add a small quantity of hot water to Rassoul mixture and mix well until a creamy/fluid texture is obtained.

## STEP 5

Apply Tension Relief Gel on back and calves. Apply Preserve Body Moisturizer all over remaining areas.

## STEP 2

Wearing rubber gloves, apply the Rassoul mixture in a thin layer all over the body by hand. Start application on back side, then proceed to front. Rub the Rassoul on skin, massage gently while applying.

#### NOTE

- If you are using a CosmoSlim Heat Blanket, use on warm with moderate heat.
- It is highly recommended to perform a Salt-Glow or Body Scrub prior to the Rassoul Wrap.

## STEP 3

Wrap client with plastic sheet, space blanket and blanket or, if available, CosmoSlim Heat Blanket.  
Keep the client wrapped for 20 minutes.

#### TREATMENT BENEFITS

- Anti-fatigue
- Energizing, ions exchanger
- Replenishes stamina
- Refines skin
- Mineralizes
- Moisturizes



# Body Renew Copper Wrap Treatment

## Desert Heat Rejuvenating Warm Bubbles

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Desert Heat Self Heating Body Wrap
- Tension Relief Gel
- Preserve Body Moisturizer

#### ACCESSORIES NEEDED

- Table Sheet
- Blanket
- Space Blanket
- CosmoSlim Heat Blanket
- Plastic Sheet
- Rubber Bowl
- Rubber Gloves
- Towels
- Wooden Spatula

#### PREPARATION

1. Mix 1 cup of Desert Heat powder with 1/2 a cup of warm water until a creamy mixture is obtained. Test mixture temperature on your hand before applying it on the client's skin.
2. Prepare Table: Blanket, space blanket, and plastic sheet. If you have a CosmoSlim Heat Blanket, use it instead of the blanket and space blanket.

## STEP 4

Open wrap, then have client rinse under shower.  
Towel-dry client.

## STEP 1

Make sure the client is ready and lying on the prepared table.

## STEP 5

Apply Tension Relief Gel on back and calves. Apply Preserve Body Moisturizer all over remaining areas.

## STEP 2

Wearing rubber gloves, apply the Desert Heat mixture in a thin layer all over the body by hand. Start application on back side then proceed to front.

#### NOTE

- If you are using a CosmoSlim Heat Blanket, use on warm with moderate heat.
- The Desert Heat Wrap can be used as a partial wrap on any part of the body. For example: on the back before a body massage.
- The Desert Heat Wrap is highly recommended to enhance spa pedicure and spa manicure treatments.

## STEP 3

Wrap client with plastic sheet, space blanket and blanket, or if available, CosmoSlim Heat Blanket.  
Keep the client wrapped for 20 minutes.

#### TREATMENT BENEFITS

- Anti-stiffness
- Anti-fatigue
- Mineralizes
- Moisturizes
- Heals
- Refines skin

# Express Relief Lily Wrap Treatment

## Sunburned Skin, Blotchy Red Skin

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Water Lily After Sun Soothing Wrap
- Phyto-Aromatic Mist

#### ACCESSORIES NEEDED

- Plastic Sheet
- Two Sheets Damp with Cold Water
- Rubber Bowl
- Rubber Gloves

#### PREPARATION

1. Prepare 5 oz of Water Lily After Sun Soothing Wrap in a rubber bowl.
2. Prepare Sheets: Take 2 sheets (best width is twin sheet cut in two, length-wise) fold sheets 4 times length-wise and soak them in very cold water (it is recommended that you place some ice in water if water is not cold enough).
3. Prepare table: Plastic sheet, one damp cold sheet.

## STEP 4

Cover client with second damp, cold sheet by placing the sheet on the client gently and carefully, without removing any product from the skin. Keep the client wrapped for 20 minutes.

## STEP 1

Ask the client to lay on her/his side with her/his back facing you, positioned on table at the side farthest from you.

## STEP 5

Using a cold washcloth, gently wipe remaining wrap from client's skin.

## STEP 2

Wearing rubber gloves, begin applying the gel in a thin even layer all over the back side of the client.

## STEP 6

Spray client with Phyto-Aromatic Mist.  
Massage very gently until absorbed.

## STEP 3

Have client turn over onto her/his back in one motion.  
Apply rest of wrap on front side.

#### TREATMENT BENEFITS

- Decreases skin temperature
- Decreases burning sensation
- Relieves redness
- Desensitizes
- Moisturizes

# Oil-Control Back Treatment

## Deeply Cleansing, Controls Breakouts

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Phyto-Gel Cleanser
- Facial Lotion Combination to Oily
- Silky Skin Body Scrub
- Enzymes Powder Mask
- Purifying Skin Mask

#### ACCESSORIES NEEDED

- Steamer
- High Frequency

## STEP 1

Cleansing: cleanse the client's back with the Phyto-Gel Cleanser. Apply the Silky Skin Body Scrub over client's back, proceed with exfoliation. Rinse skin completely.

## STEP 5

Apply the Purifying Skin Mask, using a body mask brush. Leave on for 10 minutes.

## STEP 2

Mix 1 teaspoon of Enzymes Powder Mask with warm water, until you get a creamy mixture. Apply over back using a body mask brush. Apply steamer for 10 minutes.

## STEP 6

Remove the mask with cool water. Follow with Facial Lotion Combination to Oily.

## STEP 3

Remove steamer. Wipe the Enzymes Mask with warm pads. Proceed with extractions, if needed.

#### NOTE

The same steps can be followed for a dry, dehydrated back: for cleansing, use the All Skin Types Cleanser and Lotion, follow the same 4 first steps, then apply the Micro-Emulsified Massage Oil "Anti-Stress" or Micro-Emulsified Massage Oil "Tension Relief," then apply the Rejuvenating Dry Skin Mask. Benefits will be: refining and smoothing, easing dryness and hydrating the skin for a radiant look and a silky feel.

## STEP 4

After extraction, use the Phyto-Gel Cleanser all over the back to ensure no enzymes residue remains, then wipe the client's back with cotton pads wet with Facial Lotion Combination to Oily.

#### TREATMENT BENEFITS

- Deep cleansing
- Refines and smooths the skin
- Prevents clogging and breakouts
- Controls oiliness

# Anti-Stress Back Treatment

## Relieves Muscular Tension & Fatigue

### Step-By-Step Protocol

#### PRODUCTS NEEDED

- Aromatic Moor
- Micro-Emulsified Massage Oil "Anti-Stress"
- Tension Relief Gel

#### ACCESSORIES NEEDED

- Table Sheet
- Blanket
- Plastic Sheet for Table
- Plastic Sheet (pre-cut) for Back
- Rubber Mixing Bowl
- Body Brush
- Large Wooden Spatula
- Towel

#### PREPARATION

1. Prepare Moor: Pour 1/3 of a cup in rubber mixing bowl. Keep warm in a hot water bath.
2. Prepare Table: Regular sheet, plastic sheet, and pre-cut plastic sheet to cover back.

## STEP 4

Apply Micro-Emulsified Massage Oil "Anti-Stress" all over the back. Lightly massage until absorbed or perform a full back massage.

## STEP 1

Apply a thin, even layer of Moor on client's whole back area using a body brush.

## STEP 5

Apply Tension Relief Gel all over the back. Lightly massage until absorbed.

## STEP 2

Cover client's back area with plastic sheet and blanket. Keep on for 15 minutes.

#### TREATMENT BENEFITS

- Helps muscular tension and aches
- Alleviates athletic and articular pain
- Anti-fatigue and anti-stress

## STEP 3

Remove excess Moor with large wooden spatula, then wipe with damp cloth with warm water until skin is clean.